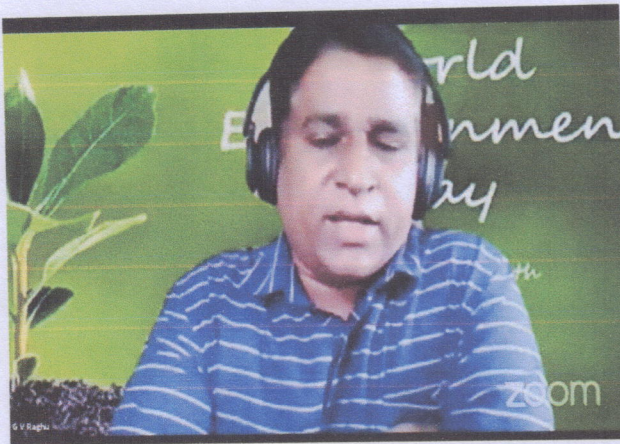




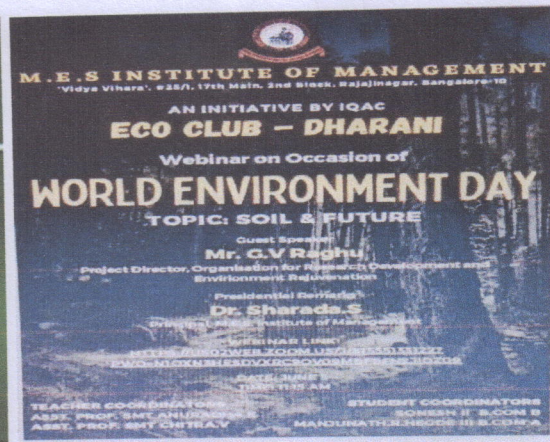
**MES INSTITUTE OF MANAGEMENT**  
**Vidya Vihar, 25/1,17<sup>th</sup> Main, II Block, Rajajinagar, Bangalore-560 010**

**Report on World Environment day 2021-22**

On 5<sup>th</sup> June 2021, Eco Club-Dharini organized the World Environment Day- A webinar on “Soil and Future” Speaker: Mr. G.V. Raghu, Project Director, Organization for Research Development and Environment Rejuvenation. Presided by Dr. Sharada.S., Principal, MESIOM. The speaker for the occasion highlighted the importance of soil preservation and conservation. He also spoke about the impact of climate change on soil. The program was presided by Dr. Sharada. S, Principal ,MESIOM. 172 students including staff were present on this online webinar through Zoom and it was stream in face book.



speaker G.V, Raghu



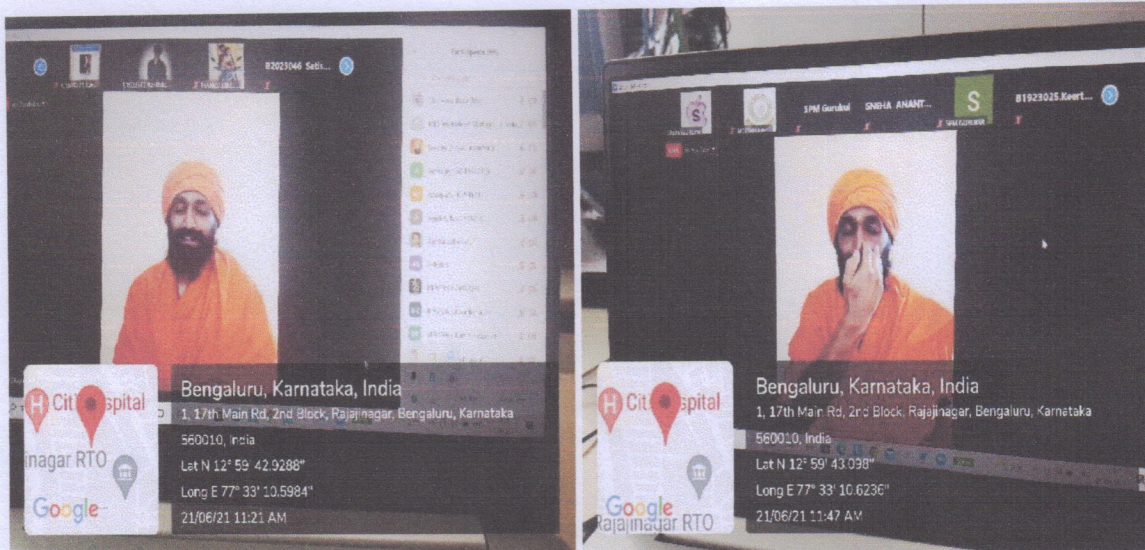
presided by principal





## Report on International Yoga Day

On 21 June 2021 International Yoga Day was celebrated through online. Swamy Divyajnanananda was the Chief Guest of the programme. Swamiji explained about the importance of yoga and demonstrate the pranayam. 100 students were benefited.

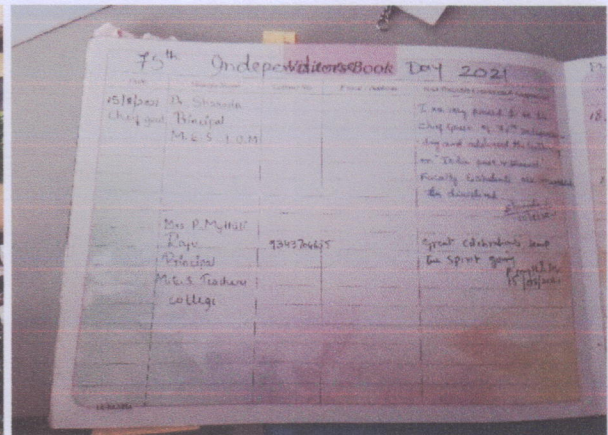


## Report on Indenendence Day

The 75th Independence Day was celebrated in M.E.S Institute of Management in association with M.E.S Teacher's College and M.E.S Vidyasagara Prof. MPL shastry PU College on 15<sup>th</sup> August 2021 in college quadrangle. The Chief Guest of the occasion was Dr. Sharada S. principal, MESIOM. The flag was hoisted by the Chief Guest, addressed the gathering and spoke about the past and present situation of India and remeberd the long walk to the freedom struggle by our freedom fighters. Presidential Address was rendered by Smt.P. Mythili Raju, Principal, M.E.S Teachers College. Finally, the progamme was concluded by Vote of Thanks.

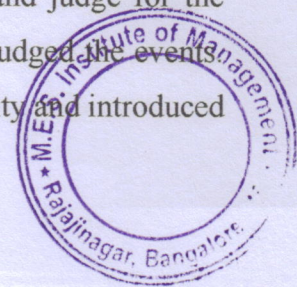






## Report on Indian Constitution Day

On 26<sup>th</sup> November 2021, as a Part of the 72<sup>nd</sup> Constitution Day college celebrated ,and also organized power point presentation with various topics pertaining to constitution. Smt. Lakshmi Devi M.LLM was the chief guest and judge for the occasion; she spoke about the importance of constitution and also judged the events. She said, Dr. Ambedkar emphasized on religion, gender , caste equality and introduced





the reservation system in the constitution of India to create a social balance amongst the classes. Physical Education director presided oath for the students on that occasion . Students of I SEM Bcom and BBA witnessed the programme.

**M. E. S INSTITUTE OF MANAGEMENT**  
 Vidyavihara, 25/1, 17th Main, 2nd Block, Rajajinagar, Bengaluru,  
 Karnataka 560010

In Coordination with  
**EQUAL OPPORTUNITY CELL "ABHISAMA"**  
 NATIONAL SERVICE SCHEME (NSS)  
 celebrates  
**72st CONSTITUTION DAY**

**Chief Guest**  
 Smt. Lakshmi Devi M.M  
 LLM

**Presided by:**  
 Dr. Sharadha.S  
 Principal, MESIOM

**B.R. Ambedkar**  
 "If find the constitution being misused, I shall be the first to burn it."

**DATE:** 26-11-2021, Friday  
**TIME:** 11:30 A.M  
**VENUE:** Conference Hall

Sri. Honnurappa.M  
 Physical Education  
 Director  
 NSS Program Officer

Kum. Poornima G.M  
 Asst. Prof. MESIOM  
 NSS Co-ordinator

Smt. Divyashree D.V  
 Smt. Chitra V  
 Asst. Prof. MESIOM  
 EOC Coordinator

**All are cordially invited**  
 Principal, Teaching, Non Teaching Staff & Student

**INDIAN CONSTITUTION DAY - 2021**

**Visitors Book**

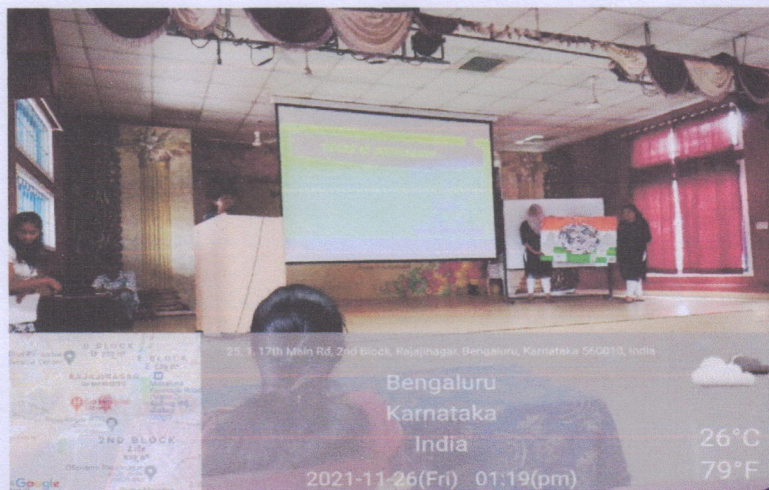
| Date       | Visitors Name  | Contact No. | Faculty / Address | Your Comments, Observations & Suggestions                  |
|------------|--|-------------|-------------------|--|
| 26-11-2021 | Lakshmi Devi M.M<br>LLM<br>Bharatiya Jn.<br>Business Ins.<br>Lectures Havanur<br>College | 779928551   |                   | Finding you theme, nice<br>good - thank you for organizing |



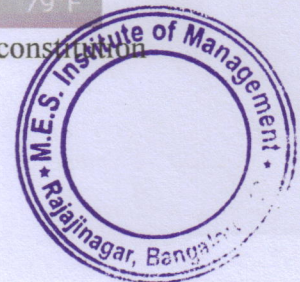
Judges for event



Students made collage on various topics



Students' presentation PPT on various topics on Indian constitution





## Report on International Human Rights Day

**TITLE OF THE PROGRAM: SEMINAR ON HUMAN RIGHTS**

**RESOURCE PERSON: SRI L. SHIVAKUMAR, ADVOCATE**

**NO OF STUDENTS BENEFITTED: 225**

The International Human Rights Day was celebrated on 10/12/2021 in our college. The event began by welcoming the gathering by Geethashree of III sem B.COM 'A' section. Speaker of the occasion is our proud Alumni Sri.L Shivakumar, Advocate, High court of Karnataka highlighted upon the enforcement of Human Rights in India and also spoke about the role of NHRC and SHRC in protection of human rights . He also emphasised on how to approach the Human Rights Commission and what is the procedure followed by them in case of violation of human rights. He also addressed the students regarding the connection of Human Rights with our Constitution Part III and Part IV. The Speaker of the day was felicitated by our beloved Principal Dr. Sharada.S followed by the speech programme then Presentation by Nirmal .R of 5 sem BBA and his team who had conducted a survey in and around Rajaji Nagar to know about how well public is aware about the basic human rights and they also created awareness about the human rights by constitution of India. The program was concluded by vote of thanks by Smt Chitra V, Asst Prof, and co ordinator of Equal opportunity Cell.

**M E S INSTITUTE OF MANAGEMENT**  
Vidyavihara, 26/1, 17th Main, 2nd Block, Rajajinagar, Bengaluru,  
Karnataka - 560010

Initiative with  
EQUAL OPPORTUNITY CELL "ABHISAMA"  
celebrates  
**INTERNATIONAL  
HUMAN RIGHTS DAY**  
On December 10th 2021

**Guest Speaker**  
Sri. Shivakumar.L  
Advocate  
High Court of Karnataka

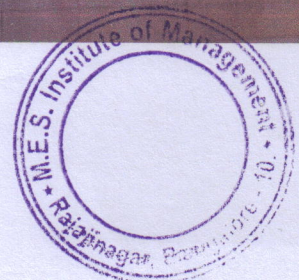
**Presided by:**  
Dr. Sharadha.S  
Principal, MESIOM

VENUE:  
College  
Conference Hall

TIME  
8:10 A.M

**All are cordially invited**  
Principal, Teaching, Non Teaching Staff & Student

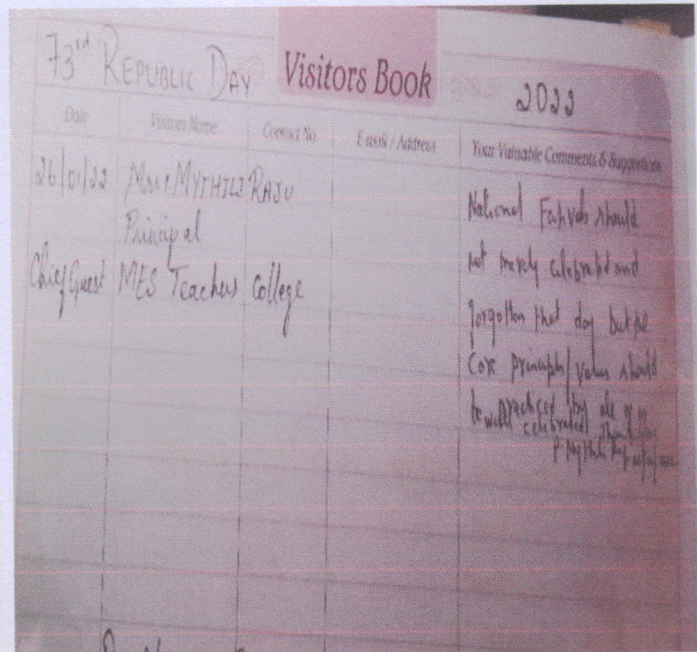
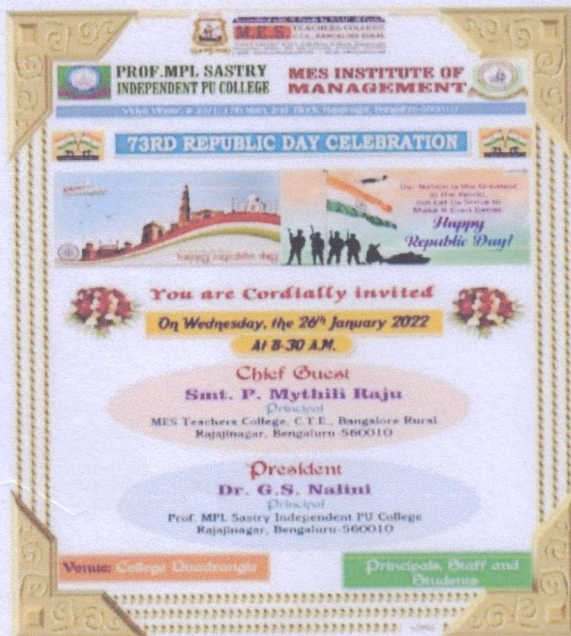
| Date     | Visitor Name  | Contact No | Email Address                        | Your Pleasure/Comments/Response                 |
|----------|---|------------|--------------------------------------|---|
| 10/12/21 | Sri. Shivakumar.L<br>ADVOCATE<br>HIGH COURT OF<br>KARNATAKA | 899122664  | advshiv@rediffmail.com<br>@3mail.com | THANKS<br>For the opportunity!!!<br>[Signature] |
| 10/12/21 | Smt. Shrutika   | 8862000091 | shrutika@rediffmail.com              | [Signature]                                     |



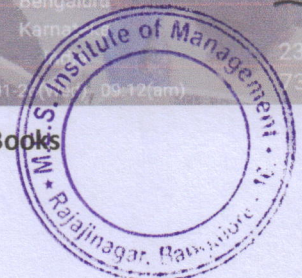


## Report on Republic Day

The 73<sup>rd</sup> Republic Day was celebrated in the college quadrangle on 26<sup>th</sup> January 2022. The Chief Guest of the occasion was Dr. Mythili Raju, Principal, MES Teachers College and the President of the occasion was Dr. Sharada.S, Principal, MESIOM. Dr. Nalini.G.S, Principal, MES MPL PU College was also present on the occasion. The Chief Guest hoisted the National flag, the students saluted the National flag and pledged to uphold the honour and integrity of the nation. Smt. P. Mythily Raju, Principal, MESTC, the the Chief Guest, addressed the audience and spoke about freedom fighters and corona warriors. She also spoke about the importance of Republic Day and focused on the constitution in remembrance of Dr. B.R Ambedkar.



Reading of Holy Books





## REPORT ON VIVEKANANDA SAPTHAHA 2021-22

The college on the occasion of 156 th Birth Anniversary of Swami Vivekananda had organized Vivekananda Saptaha. Following the teachings of Swami Vivekananda, we at MESIOM align with the vision “Arise, Awake, stop not till the goal is reached”. The week-long celebration commenced with the lighting of lamp and garlanding Swami Vivekananda’s photo by the Principal and the Vice Principal. In the Inauguration, Smt. Sneha Damle, Program Co-ordinator Disha Bharat, as the Chief Guest for the day, interacted with the students and shared a few information about Swami Vivekananda. She began with the wishes “When a country like Hindustan whose population of more than 60% comprises of youth, every day is a youth day, the whole month is a youth month and let the whole year be the youthful year”. Number of students and faculties attended- 325.

Due to covid lockdown the inauguration was conducted online and the link is as follows:

Disha Bharat is inviting you to a scheduled Zoom meeting.

Topic: MESIOM - Swami Vivekananda Jayanthi - 2022

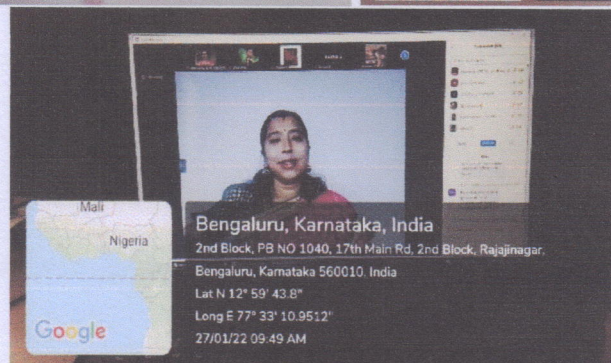
Time: Jan 27, 2022 09:30 AM India

Join Zoom Meeting

<https://us02web.zoom.us/j/87931559934?pwd=Z21jbWZQTnU0dDJhWUIPeE>

NjZF15Zz09

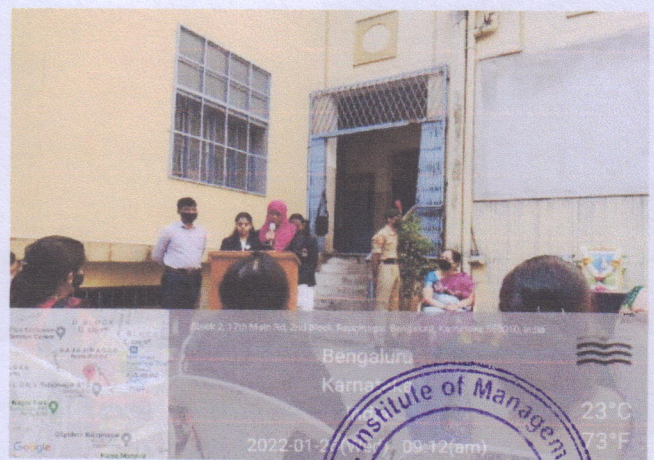
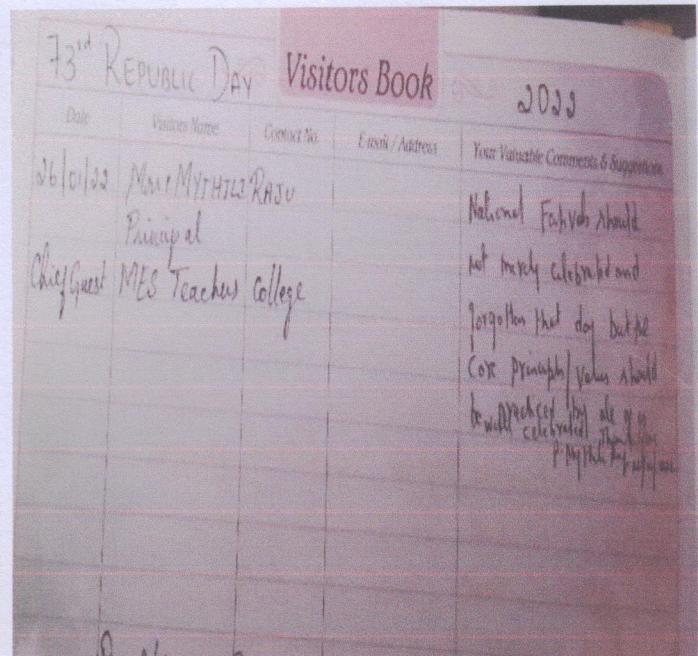
Meeting ID: 879 3155 9934, Passcode: 454270



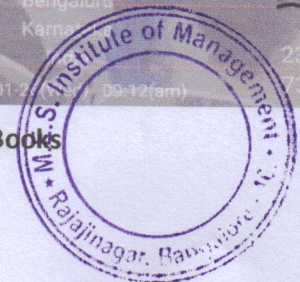


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Reading of Holy Books





## **Report on Martyr's day**

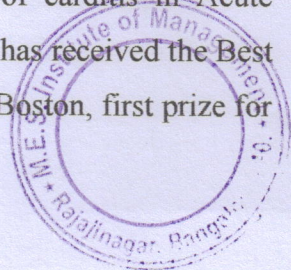
Every year on 30<sup>th</sup> January is celebrated as Shaheed Diwas or Martyr's Day in the memory of Mahatma Gandhi and 23rd March is celebrated as Martyr's Day to remember the sacrifice of three extraordinary freedom fighters of India. The students gathered in the conference hall and observed silence for 2 minutes in the memory of our father of nation Bapuji.

## **REPORT ON INTERNATIONAL WOMENS DAY**

The International Women's Day was celebrated in the college Conference Hall on 8<sup>th</sup> March 2022. The Chief Guest for the occasion was Dr. Vijayalakshmi Balekundri, Paediatric Cardiologist. Dr. Sharada. S, Principal, MESIOM welcomed and introduced the Chief Guest to the gathering. Dr. Vijayalakshi Balekundri was felicitated on the occasion. Addressing the gathering, Dr. Balekundri explained about the impact of technology and how youth are not taking care of their health. She advised the youth, saying that when one is in depression, stress, negative thought process and turmoil affect the heart. The negative vibrations create the worst impact on the heart. She called on people to adopt a healthy lifestyle, remain jovial even in adverse situations and keep the spirits high to keep the heart healthy and young. Dr. Vijay Laxmi stressed that Heartfulness comes from evolving a positive mindset, sticking to a regular exercise regimen, reducing body weight and eating a lot of vegetables and fruits. She urged the participants to say a big no to poisonous things found in every Indian kitchen- foods prepared from Maida and Sugar. Salt needs to be drastically cut down to keep the heart young. To keep it healthy, regular exercise, yoga, cycling, swimming, or any other form of activity is essential.

## **Profile of the chief guest Dr Vijayalakshmi, MD**

Dr. Vijayalakshmi Balekundri, MD Gold medallist, skilled interventionalist, pioneer in Paediatric cardiology. She has had a brilliant academic career, securing 22 gold medals, 52 publications, 105 research papers (32 international), delivered 210 scientific lectures and has authored "Step by Step to ECHO in CHD" and edited monogram on "A RF & RHD". She has proposed the Echo criteria for the early and precise diagnosis of carditis in Acute Rheumatic fever and National Policy for Congenital Heart Disease. She has received the Best presentation award for "My nightmare case" at PICS at Chicago and in Boston, first prize for





Outstanding Scientific Presentation at World Congress of Echocardiography and has received many prestigious awards for her academic and literary work.

Mysore Education Society (R)

**MES INSTITUTE OF MANAGEMENT**  
 "Vidyavahara", #25/1, 17th Main, 2nd Block, Rajajinagar, Bangalore 560010  
 IGAC Initiative  
 Organized by  
**EQUAL OPPORTUNITY CELL - ABHISAMA**

**INTERNATIONAL WOMEN'S DAY CELEBRATION - 2022**

Topic: **Physical & Cognitive wellness among youth for a better tomorrow**

Speaker  
**Dr. Vijayalakshmi Balekundri**  
 Department of Paediatric Cardiology,  
 Sri Jayadeva Institute of Cardiovascular Sciences  
 and Research, Bengaluru, India.

Presided by  
**Smt. Vimala Rangachar**  
 Former President & Founder Member,  
 MES Institutions, Bengaluru.

Time : 03:00 pm Date : 08/03/2022  
 Venue : College Conference Hall  
 Principal, Staff & Students

Mysore Education Society (R)

**MES INSTITUTE OF MANAGEMENT**  
 "Vidyavahara", #25/1, 17th Main, 2nd Block, Rajajinagar, Bangalore 560 010

**Programme List**  
 On 08th March 2022  
 IGAC Initiative  
 Organized by  
**EQUAL OPPORTUNITY CELL - ABHISAMA**

**INTERNATIONAL WOMEN'S DAY CELEBRATION - 2022**  
 Topic: **Physical & Cognitive wellness Among youth for a better tomorrow**

Invocation Song: **Smt. Sushmitha V**  
 Asst. Prof. & Lecturer & AEG

Video Presentation: **Sri. Jilhamitra, V** from DSA

Introductory note & Welcome Address: **Smt. Hariini M S**,  
 Vice-Principal, H&M coordinator,  
 EOC&C committee and Mat. ALUSION

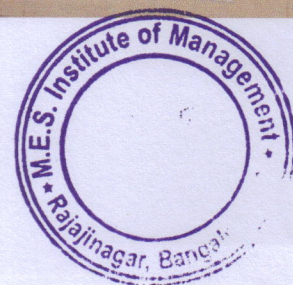
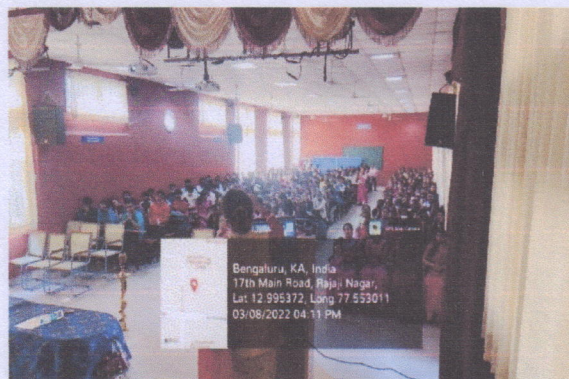
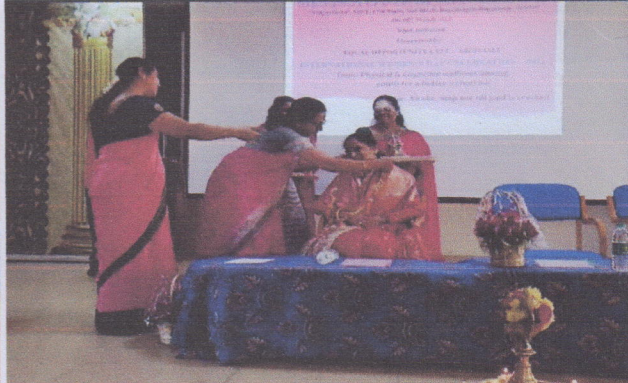
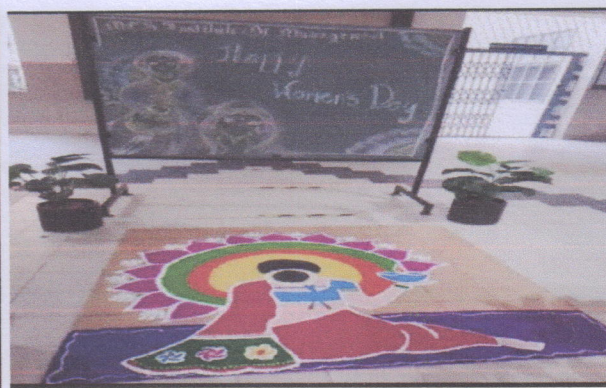
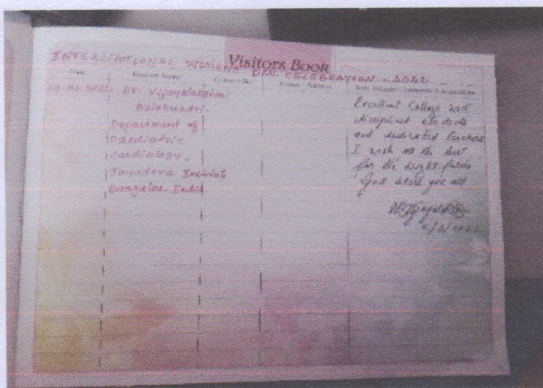
Address by Speaker: **Dr. Vijayalakshmi Balekundri**  
 Department of Paediatric Cardiology,  
 Sri Jayadeva Institute of Cardiovascular Sciences  
 and Research, Bengaluru, India.

Lighting of the Lamp: **Dr. Vijayalakshmi Balekundri**  
 Department of Paediatric Cardiology,  
 Sri Jayadeva Institute of Cardiovascular Sciences  
 and Research, Bengaluru, India.

Presidential Remarks: **Dr. Sharada S**,  
 Principal, MES IOM

Vote of Thanks: **Smt. Chitra V**  
 Ex-officio of EOC

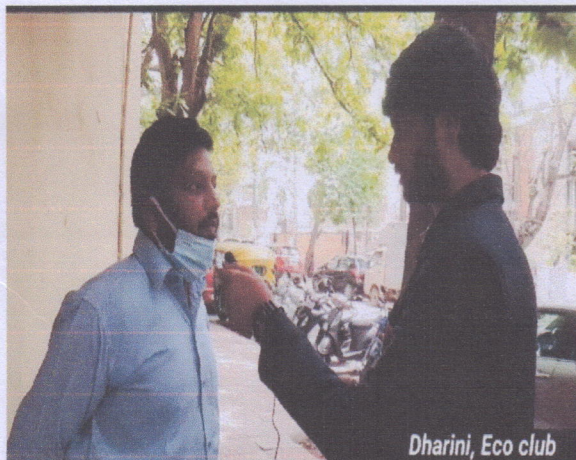
Compering: **Smt. Divyashree D V**  
 Ex-officio of EOC





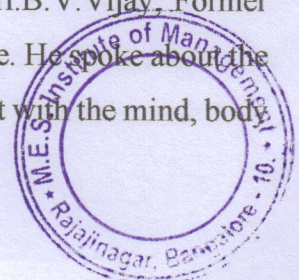
## Report on Environment Day

On account of Environment day on 5th June 2022, our college organised an awareness campaign. On 6th June 2022 students generated awareness for the general public by distributing ayurvedic plants and educating about its importance and usage. 60 plants were distributed to the public and it was recorded.



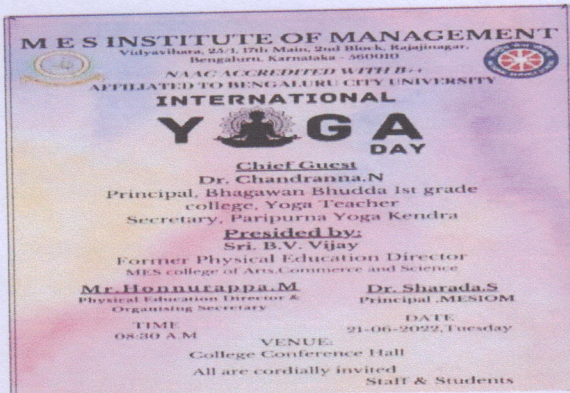
## International Yoga Day

To spread the awareness of the benefits of yoga, International Yoga Day was celebrated on 21<sup>st</sup> June 2022 in our college at conference hall. Chief guest for the programme was Dr. Chandranna N, Principal, Bhagawan Bhudda 1<sup>st</sup> grade college, Yoga Teacher Secretary, Paripurana Yoga Kendra, sir demonstrated and made students to do yoga and for each Asanaas he explained the benefits and gave on explanatory note. Programme was presided by Sri.B.V.Vijay, Former Physical Education Director, MES college of Arts, Commerce and science. He spoke about the significance of yoga in daily life. Yoga means to unite and it does just that with the mind, body

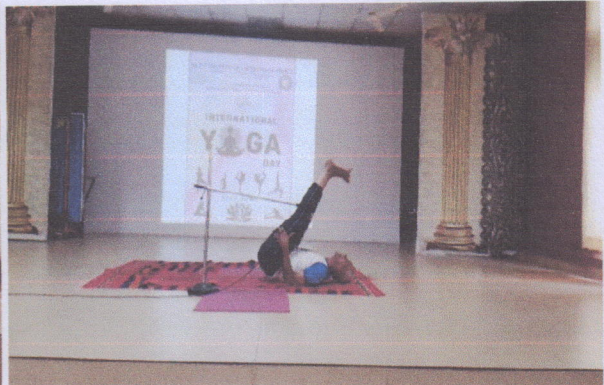




and soul. Sir also spoke about how yoga will help the students to deal with their stress and bring back some peace of mind and urged all the students to make it as a habit of practicing the yoga. 100 students were benefited from this programme.

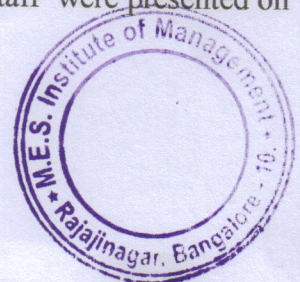


| INTERNATIONAL |   | Visitors Book |                 | YOGA Day  |
|---------------|---|---------------|-----------------|---|
| Date          | Visitors Name   | Contact No.   | Email / Address |   |
| 21/06/22      | Dr. Chandranna.N<br>(Principal of Bhagawan<br>Buddha 1st grade college)                               |               |                 | Excellent programme<br>definitely enjoyed<br>Try to introduce yoga<br>daily class<br>K. S. Srinivas |
| 21/06/22      | Mr. B. Vinay<br>(Former Physical<br>Education Director<br>MES college of<br>Arts, Commerce & Science) |               |                 | Excellent programme<br>definitely enjoyed<br>Try to introduce yoga<br>daily class<br>K. S. Srinivas |



### Report on Kargil Diwas

Kargil Diwas was celebrated in MESIOM on 26<sup>th</sup> July 2022 at conference hall. Dr. Sharada S, Principal, MESIOM was spoke about the importance of Kargil Diwas and sacrifice of our Indian soldeirs for Nation. All the class students of BBA and B.com, staff were presented on that day. Significance of Kargil Diwas vedio was presented.







## Report on Library Day

The library day celebration was organized on 12<sup>th</sup> August 2022 in MESIOM to commemorate the 130<sup>th</sup> Birth anniversary of S.R Ranganathan. Father of Library Science. Dr. Janardan T G, Retd. Principal of MES Arts Commerce and Science College, Malleswaram, Bangalore, was the chief guest for the day. Prof Sheela Menon, Director - Academics Higher Education, MES Group of Institutions had presided over the function. To mark the occasion as the special attraction the book exhibition was organized. As many as five publishers had participated in book exhibition. The publishers like sunrise, Kadamba, Himalaya, Kalyani and Tata MG-Grow Hill had displayed over 1000 books. On this occasion various competitions conducted among the students like quiz, essay, collage work and book review. The Chief Guest and the President had distributed the prizes to the winners of these competitions. The winners shared their experience & thoughts about the competition in the events. All the students of MESIOM and MPL PU College had participated and taken value from the event. The students from other surrounding colleges had also participated in the event. The Librarian from surrounding colleges like Vivekananda College, Sri Sai College, and MES group of institutions had also participated in the events.





The Principal, teaching faculty, office staff and students of MES Institute of management had supported immensely to conduct the event and make it successful.



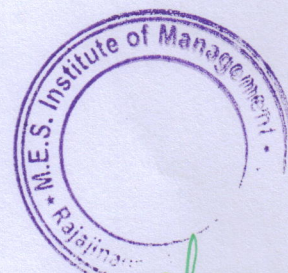
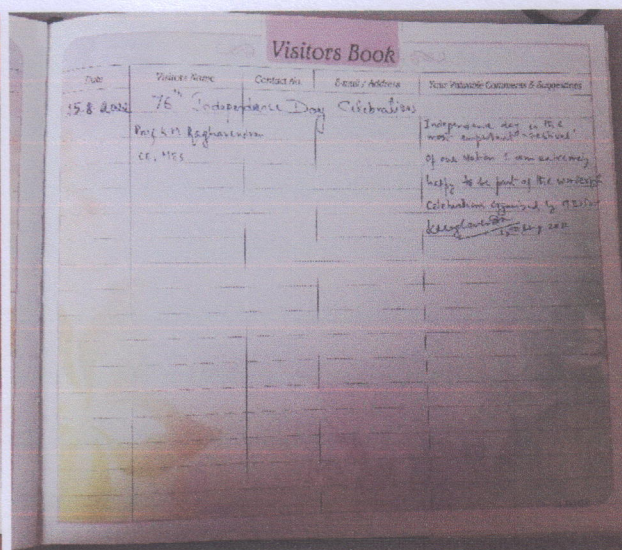
| NATIONAL LIBRARY DAY Visitors Book 2022 |  |                |                           |  |
|---|--|----------------|---------------------------|--|
| Date                                    | Visitor Name   | Contact No.    | Design / Address          | Your Valuable Comments & suggestions   |
| 12-8-2022                               | Dr. Janardan S. G.<br>Former principal of<br>MGS ACS college<br>Mallehararam, Dapigala.      | 98455<br>71140 | Janardhan-140<br>Dapigala | It is a very good initiative<br>mes. Govt is always there<br>for that  |
|   | Prof. Sheela Mepon<br>Director, Academics<br>Higher Education,<br>MES Group of Institutions. |                |                           | Very good initiative<br>Am very appreciate<br>of all the good<br>practices that have<br>been put in place in<br>the library of MES |





## Report on Independence Day

The 76th Independence Day was celebrated in M.E.S Institute of Management in association with M.E. S Teacher's College and M.E. S Vidyasagara Prof.MPL shastry PU College on 15<sup>th</sup> August 2022 in college quadrangle. The Chief Guest of the occasion was Shri K M Raghavendran, Chief executive, Mysore Education Society. Chief guest hoisted the National Flag , All saluted the flag and sung our national Anthem together, students sung patriotic songs on the occasion. Chief guest spoke about the significance of 76<sup>th</sup> Independence day 2023. 'Azadi ka Amritmahotsav' is celebrated to pay homage to India's freedom movement and freedom fighters. Students and staff were presented.sweet was distributed.



*Sharada S*

Principal

MES Institute of Management,  
Rajajinagar, Bangalore-560 011