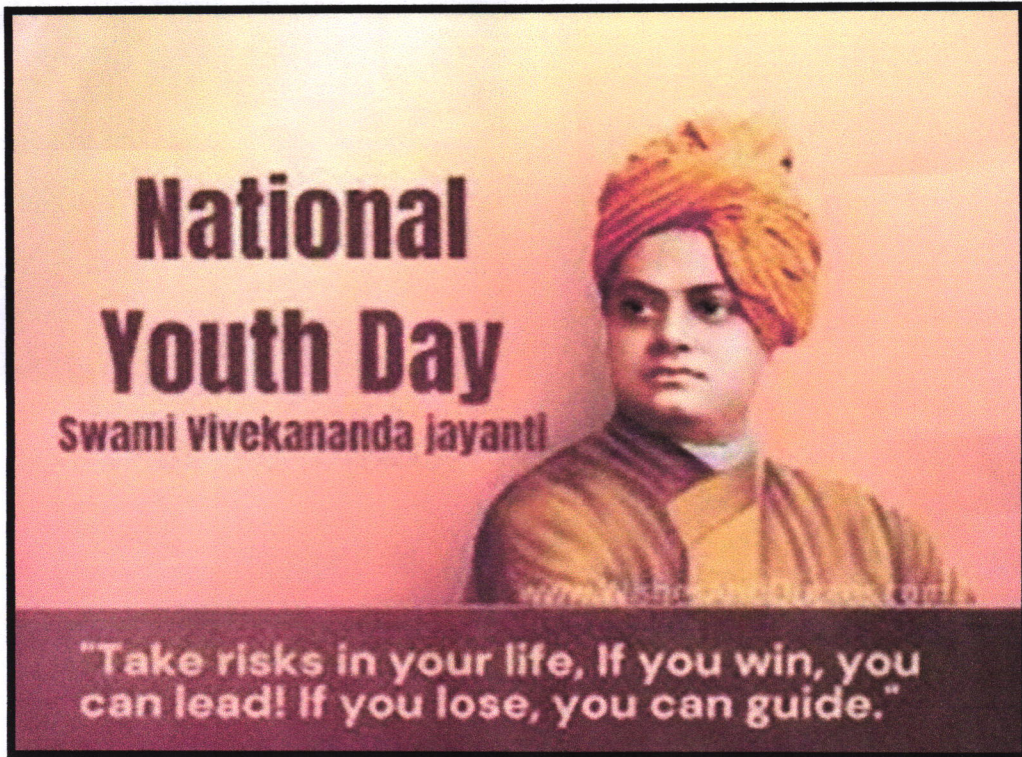


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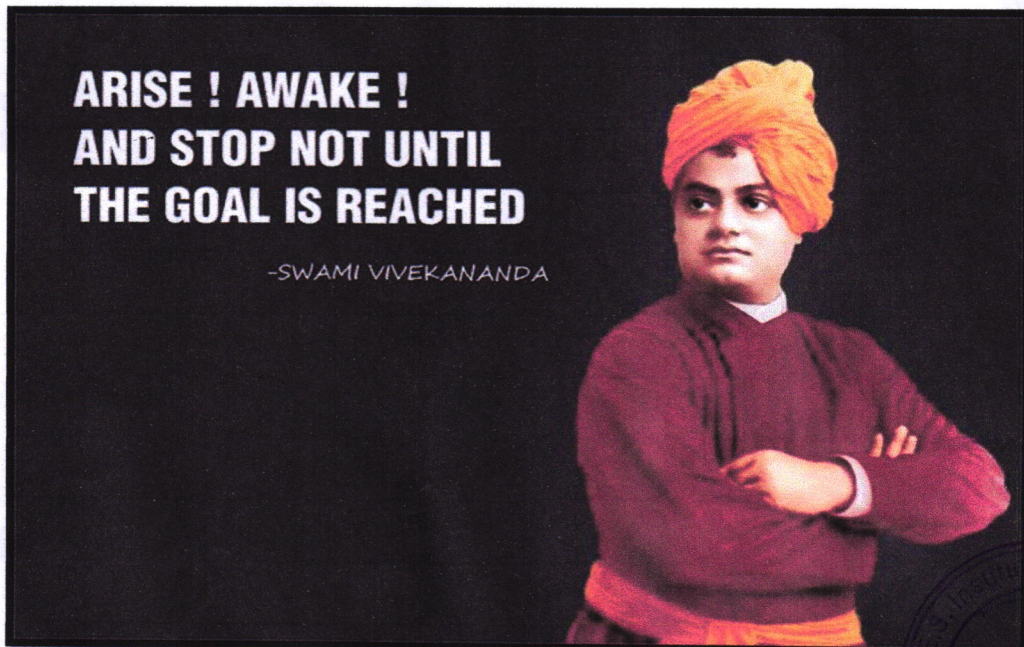


**National
Youth Day**
Swami Vivekananda jayanti

www.wishsonline.com

"Take risks in your life, If you win, you can lead! If you lose, you can guide."

Vivekananda Sapthaha: The Celebration of Thoughts



**ARISE ! AWAKE !
AND STOP NOT UNTIL
THE GOAL IS REACHED**

-SWAMI VIVEKANANDA



Society, the culture in which we live, dictates that student's must be oriented towards a career and financial security - this has been the constant pressure of all societies. To have a capacity to earn a livelihood is necessary but neglecting 'Swadharma', which is far deeper and greater, is dangerous. We, at MESIOM, inspired by Vivekananda's words of man-making, strive to reverse this thought- process because man cannot be happy with his career alone. When career becomes the dominant factor of life, there is an imbalance in the fundamentals of existence

In MESIOM, we are trying something entirely different: to educate, not only academically, but also to cultivate an understanding of the power of positive thinking and an enquiry into the whole psychological structure of human beings. We follow Vivekananda's thought that, "Education is life-building, man-making and character- making assimilation of ideas" and design various programmes which seek to achieve a synergy between academic practices and holistic development so that they realize their maximum potential and live and exuberant life.

MESIOM understands the power and tremendous impact thoughts have on life and we also understand that the right kind of thoughts elevates lives to greater heights. Vivekananda Saptaha -The Celebration of Thoughts, is one such attempt by the institution to inculcate in students the ideals and the powerful thoughts of Swami Vivekananda. The institution has been celebrating National Youth Day, since its inception and from the academic year 2016 – 17, the college has been organizing a week- long programme, Vivekananda Saptaha, celebrating the thoughts of Vivekananda through various competitions and thus achieve Vivekananda's gospel of man-making.

Objectives :-

1. To propagate ideas and thoughts of Swami Vivekananda
2. To inspire the youth to contribute to nation-building
3. To contribute to the holistic development of the youth
4. To empower the youth to seek contentment and exuberance in life

The institution upholds the greatest youth icon, Swami Vivekananda's thoughts – 'We want that education by which character is formed, intellect is expanded and one can stand on one's own feet'. The Cultural Committee Coordinators and the HOI deliberate and organize a week-long programme which aims at inculcating in students an awareness of the four – fold mantra of Swami Vivekananda to live a meaningful life- physical, social, intellectual and spiritual quest. The campus is vibrant with the thoughts of Vivekananda all the seven days. The various competitions are organized on his adage, 'We are what our thoughts have made us; so, take care about what you think. Words are secondary. Thoughts live, they travel far.'



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Report on Vivekananda Sapthatha 2016-17.

The 154th Birth anniversary of Swami Vivekananda, marked as National Youth Day, was celebrated on 12th January 2017. The week-long celebration commenced with the garlanding of Swamiji's portrait by the Chief Guest and the Principal. In the inauguration, Mr. Pramod Nataraj Organizing Secretary, Disha Foundation, addressed the students and guided and motivated them to adopt the path of Swami Vivekananda. He also enlightened the students about the positive effects of universal brotherhood that was gifted by India to the world through his speech. Mrs. Sneha Damle, Member, Disha Foundation was the special Chief Guest. 350 students and 20 staff attended the program.



Garlanding swamiji's portrait by chief guest



Date	Name & Address	Place	Comments
12.1.17	ಶ್ರೀ ಪ್ರಮೋದ್ ನಟರಾಜ್ ಮುಖ್ಯ ಅತಿಥಿಗಳು ನಿರ್ದೇಶನಾ ಕಛೇರಿ ಕೆ.ಎ. ಸಾಂಪರ್ಕ ಬ್ಲಾಕ್	ಮೆ.ಎಸ್.ಇ.ಎಸ್. ಸ್ಟುಡೆಂಟ್ಸ್ ಅಸೆಂಬ್ಲಿ ಹಾಲ್ ಫಿಲ್ಡ್ ಆಫ್ ಎಜುಕೇಷನ್ ಥಿಂಗ್ಸ್ ಆನ್ ಥಿಸ್ ಪ್ರಾಜೆಕ್ಟ್ ಒಂದು ಹೆಜ್ಜೆ	
12.1.17	ಶ್ರೀಮತಿ. ಸ್ನೇಹಾ ದಾಮ್ಲೆ ಮುಖ್ಯ ಅತಿಥಿಗಳು ಕೆ.ಎ. ಸಾಂಪರ್ಕ ಬ್ಲಾಕ್	ಮೆ.ಎಸ್.ಇ.ಎಸ್. ಸ್ಟುಡೆಂಟ್ಸ್ ಅಸೆಂಬ್ಲಿ ಹಾಲ್ ಫಿಲ್ಡ್ ಆಫ್ ಎಜುಕೇಷನ್ ಥಿಂಗ್ಸ್ ಆನ್ ಥಿಸ್ ಪ್ರಾಜೆಕ್ಟ್ ಒಂದು ಹೆಜ್ಜೆ	



Various activities that were chalked out for the entire week.

Name of the Event
National Youth Day
Collage Making
Essay competition
Quiz competition 'Incredible India'
Pencil Sketch
Workshop on Meditation
Pick and speak
Valedictory

Event; Collage Competition

Theme: "Message on Swami Vivekananda"

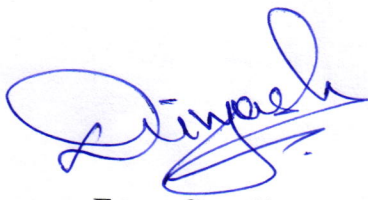
Sl. No	Date	Judges of the Event	No. of Participant	Prize Winners
1	12-01-2017	Smt. Anuradha K, Dept. of English, Smt. Vajreshwari S Murthy, Dept. of Kannada	8 Teams, 1 from each class	1st Prize 2nd-Year B.com B section Suma S. and group 2nd Prize Ist Year BBA Priyanka K. & group 2nd Years BBA Mahima G. and group 3rd Prize 3rd Years B.com – Shalini Y & group

Smt. Anuradha K, Dept. of English

Anuradha K

Smt. Vajreshwari S Murthy, Dept. of Kannada.

Vajreshwari S



Event Coordinator

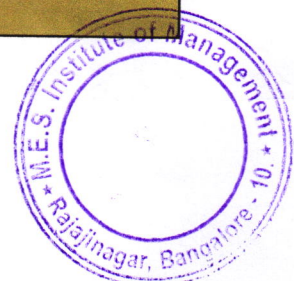
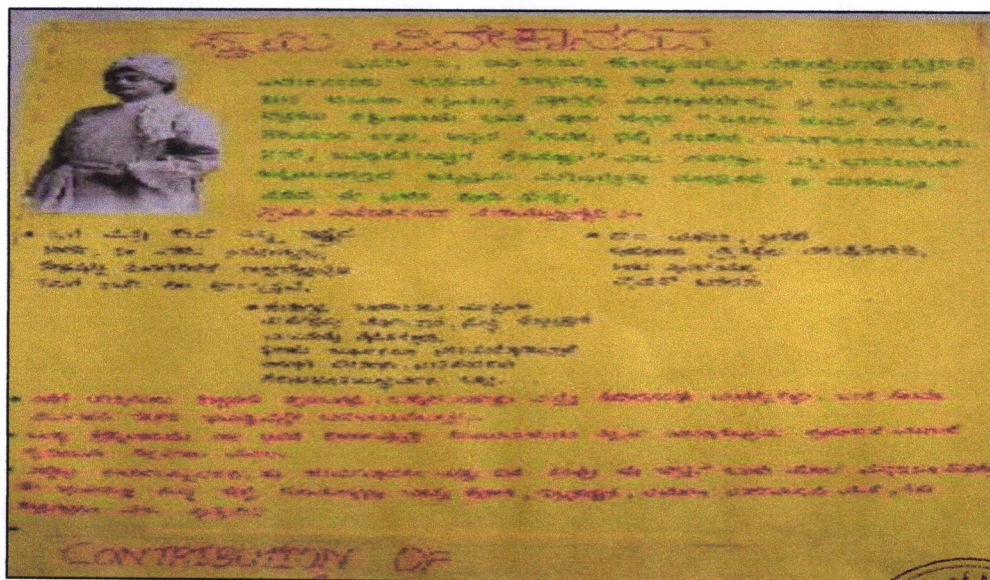
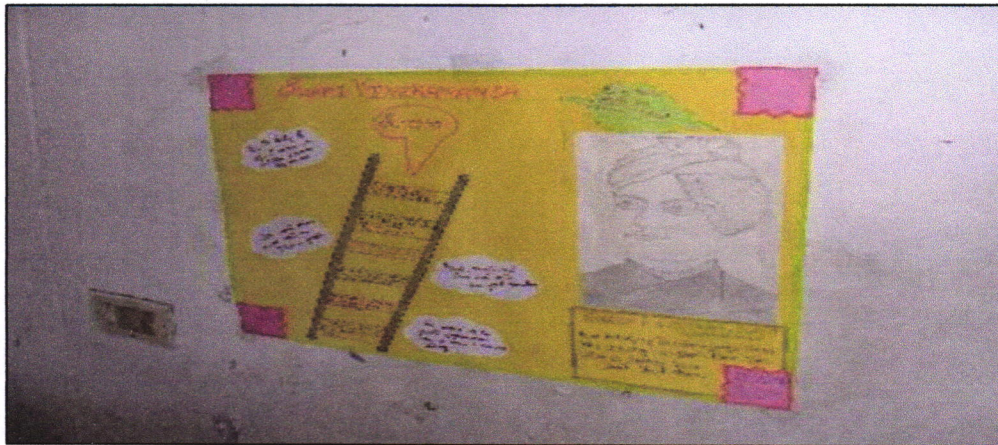
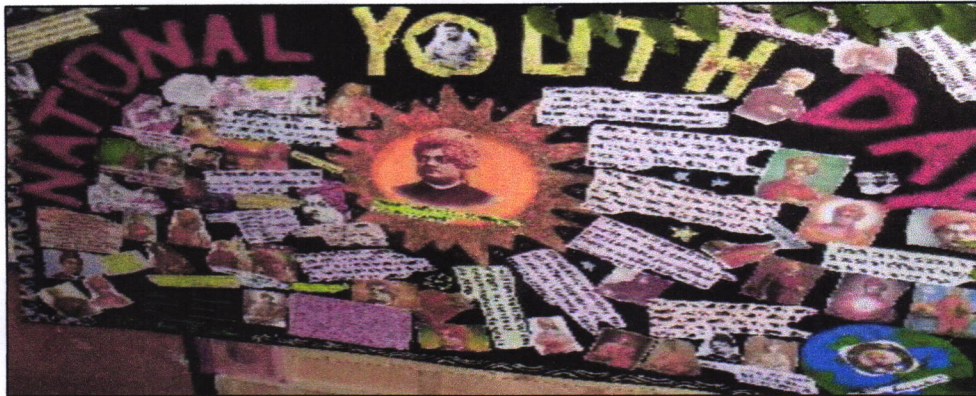


Principal

Principal

MES Institute of Management
Raiaainagar, Bangalore-560 011

Some collage made by students



Event: Essay Writing
Theme:

- ❖ **English** - Topic- Relevance of Vivekananda's ideas to the Youth in the 21st century.
- ❖ **Kannada** ಮಾತೃಹೃದಯಿ ದಿವ್ಯಜ್ಞಾನ ಸಂತ
ವಿವೇಕಾನಂದರ ಜೀವನ ಆದರ್ಶ
ಸೂತ್ರಗಳು
- ❖ **Hindi**- "भारत की आर्थिक परस्थिती पर (नोट) मुद्रास्फीति का प्रभाव।"
- ❖ **Sanskrit**- "युवजनस्तोहे विवेकाननदस्य प्रभावः"

Sl. No	Date	Judges of the Event	No. of Participant	Prize Winners
1	16-01-2017	Smt. Anuradha K, Dept. of English, Smt. Vajreshwari S Murthy, Dept. of Kannada Smt. Nalini N, Dept. of Commerce and Management	20 students	1st Prize 3rd Years BBA Anusmitha S 2nd Prize 3rd Years B.com Darshan S 3rd Prize 3rd Year B.com Suma S Kannada 1st Year B.com B Tejas Hindi Javeen Khatri

Smt. Anuradha K, Dept. of English

Smt. Vajreshwari S Murthy, Dept. of Kannada.


Smt. Nalini N, Dept of Commerce and Management.

Anuradha K
Event Coordinator

Sharada S
Principal

Principal
MES Institute of Management
Raiajinagar, Bangalore-560 011

Winners Essays printed in the magazine



Relevance of Vivekananda's ideas to the youth in the 21st century

Born in a Bengali family in India, Narendra Nath, who went to be called as Swami Vivekananda is one of the brightest and greatest youth born in the world has come across. Though his teachings seem old, it is relevant and can be imbibed in the lives of people even today. The youth of today are under many pressures, stress, depression and are often seen giving in to thoughts of suicide, alcohol, etc., but by adopting the teachings of Swami Vivekananda, one can not only come out of such dark situations, but also lead a healthy and happy life that is well being.

Swami Vivekananda propounded his ideas and thoughts in a fourfold manner i.e., physical quest, social quest, intellectual quest and spiritual quest. These four aspects, if followed with diligence, can by itself act as a path, a path that leads to a successful, unique life with well being of oneself, his society and the world as a whole. The social quest of Swami Vivekananda is to uplift every individual and every part of the society, spiritual quest and overall well being. It is only when an individual is healthy and physically fit, will he be able to take over the


difficulties in life and overcome it. He rightly says that 'The power is within'. Each and every youth of our country and all around the world must realize the powers and capabilities within them and contribute to the brighter future of the world.

The second mantra of Swami Vivekananda talks about social quest. He preached that social quest does not merely mean serving or supporting a weaker section of the society for the sake of it but it's about taking pride in oneself, finding humanity within oneself and becoming a better individual to then contribute to the society as a whole. It is rightly said that, "Every drop makes an ocean". Similarly if the youth of today's time look at becoming a better person from which to contribute to the society, we could as well influence a better world for us to live in.


The third mantra of Swami Vivekananda is intellectual power. The power of thinking and taking rational decisions has correctly given the term 'The man of a rational animal'. He preaches of the value of schools, colleges, educating people, etc. He thought the importance of knowledge and how important it was for the youth to not only acquire knowledge but also pass it on to others by teaching the same. Knowledge grows as it spreads to others. This must be followed by the youth.

Youth mantra of spirituality is about belief in a holy power. Though life is short, the soul is immortal and each and every youth of today's time must strive to have a cleaner and divine soul. The youth must see service of god as service of fellow human beings. Following these mantras, the youth can reach goals, become successful and grow not only as individuals but help the growth of society and lead to the development of the country and ultimately the world.

• Anusmitha
11 year old



Importance of Swami Vivekananda's ideas in the 21st Century



Swami Vivekananda was born in the year 1863 in a Bengali family. He was called as Narendra Challa. The founder of Ramkrishna Math in the year 1880. He felt the necessity and started to travel the world to spread the teachings of his guru. In the year 1893, he attended the conference held at Chicago when he represented India. His speech there impressed people and the founder of the United States Vivekananda said it was the best of the speech.

His teachings of youth include unity for brotherhood, Swami Vivekananda was a great man that lived in India, who was sent to a mission to the people who were having religious differences of the world.

Physical Quest : It is a very short, the functioning of human body, the body requires, which will be kept and be healthy, regular and systematic. He says that the human body is a temple and it should be kept clean and healthy.

Social Quest : It is a very short, the functioning of human body, the body requires, which will be kept and be healthy, regular and systematic. He says that the human body is a temple and it should be kept clean and healthy.

Intellectual Quest : It is a very short, the functioning of human body, the body requires, which will be kept and be healthy, regular and systematic. He says that the human body is a temple and it should be kept clean and healthy.

Spiritual Quest : It is a very short, the functioning of human body, the body requires, which will be kept and be healthy, regular and systematic. He says that the human body is a temple and it should be kept clean and healthy.


kind of people and also educating the poor by helping them by providing funds in the form of trust etc.

Spiritual Quest : It includes factors like Uhyana and Sadhana. Here Swami Vivekananda talks about the factors like yoga and even meditation which helps us to enlighten our soul as soul is immortal and eternal. Thus he encourages the youth towards spirituality. And even he clubs the social quest with spiritual quest.

Swami Vivekananda was a great man who mainly focused on the youth. He used to always say that 'today's youth are tomorrow's leaders'. In this way he motivated the youth. He also talks about the nationalism and unity among people. He always bound the people by calling them as brothers and sisters which is seen during the conference which was held at Chicago. Swami Vivekananda was a Karma-yogi, a hard worker without any expectations in return but had expectations from the youth. He says that the only solution for the caste system is not to degrade higher caste but to put up equal to higher caste. The ideas and guidelines given by Vivekananda is a path which we have to choose in development and provide solution to the arising problems of 21st century.

Swami Vivekananda's ideas have influenced the present young generation and the youth of young Indians have kept the hope of Swami Vivekananda.

• Sarma B
11 year old



MES Institute of Management

"Vidyavahara" 25/1, 17th Main, II Block, Rajajinagar, Bangalore-560 010.

CERTIFICATE

This is to certify that **MR./MISS. JEEVAN** of.....II.....SEMESTER **B.COM / B.B.M.** has secured **First/Second/Third prize** in.....**HINDI ESSAY**.....EVENT CONDUCTED IN CONNECTION WITH **VIVEKANANDA JAYANTHI** in 20.11.2017.....

Sharda's
Principal


Co-ordinator

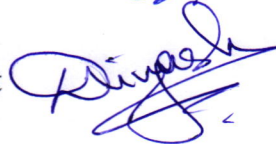
Sharda's
Principal
MES Institute of Management
Rajajinagar, Bangalore-560 010.

Event; Quiz competition 'Incredible India'

Theme: "Life History of Swami Vivekananda"

Sl. No	Date	Judges of the Event	No. of Participant	Prize Winners
1	17-01-2017	Smt. Rohini S Patil, dept of Commerce and Management Smt. Divya S, dept of Commerce and Management	24 Teams, 2 in a team	1st Prize 2nd Years B.com Vaibhav and Balaji 2nd Prize 1st Year B.com Rishabh Jain and Chetan

Smt. Rohini S Patil, dept of Commerce and Management 

Smt. Divya S, dept of Commerce and Management 


Event Coordinator


Principal


Principal
MES Institute of Management
Raiajnagar, Bangalore-560 010

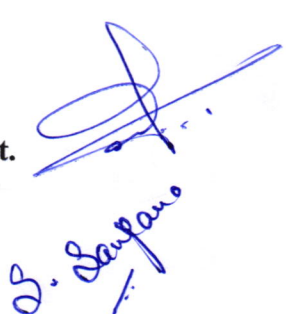
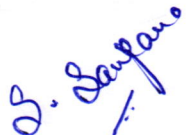

Event: Pencil Sketch
Theme: Portrait of Swami Vivekananda

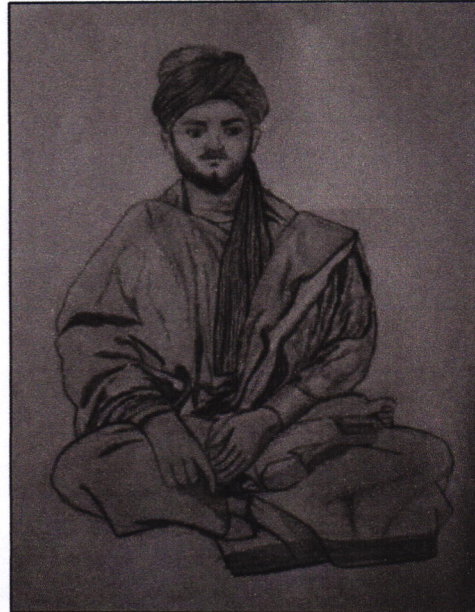
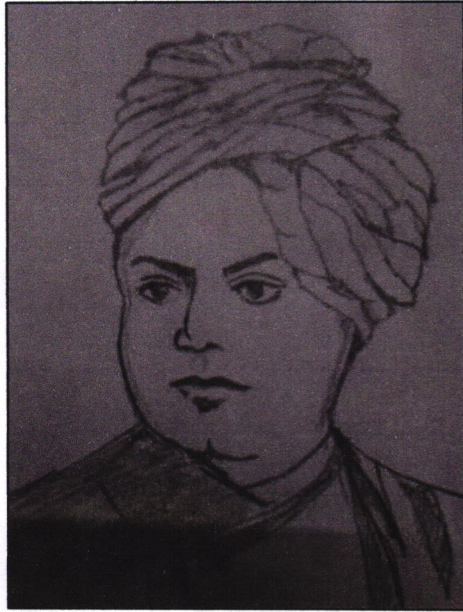
Sl. No	Date	Judges of the Event	No. of Participant	Prize Winners
1	17-01-2017	Sri. Vijaykumar, Dept. of Commerce and Management. Mrs. Sanjana, Dept. of Commerce and Management.	10	1st Prize 2nd Years B.com Gouthami k. 2nd Prize 2nd Years B.com Suma S

Sri. Vijaykumar, Dept. of Commerce and Management.

Mrs. Sanjana, Dept. of Commerce and Management.


Event coordinator

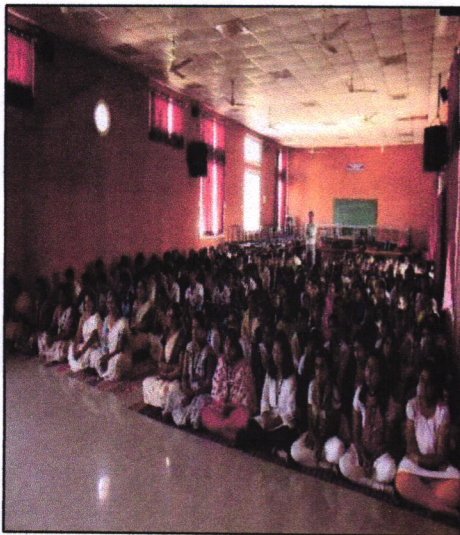



Principal
Principal
MES Institute of Management
Raiajinagar, Bangalore-560 010



Pencil sketch of students who won prize

Event: Yoga and Meditation

Date: 18-1-2017



No. Students Participated: 250 students, 12 staffs

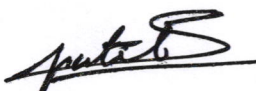
Sri. Subramanyam A, Director of Adhyama Yoga, Jayanagar, demonstrated to the students and faculty how to practice meditation to lead a stress-free life and he also demonstrated simple yoga posture for the students and brought awareness on the ancient of Yoga if practiced it brings Physical, mental and spiritual peace.



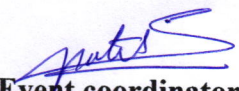
Event: Pick and Speak

Theme: "Childhood of Swami Vivekananda"

Sl. No	Date	Judges of the Event	No. of Participant	Prize Winners
1	19-01-2017	Mr. Suresh S Patil, Dept. of Commerce and Management. Miss. Sushmitha, Dept. of Commerce and Management.	16	1st Prize 3rd Years B.com Kushal R 2nd Prize 2nd Years BBA Mahima G 3rd Prize 3rd Years BBA Harshita R


Mr. Suresh S Patil, Dept. of Commerce and Management.


Miss. Sushmitha, Dept. of Commerce and Management.



Event coordinator


Principal

Principal
MES Institute of Management
Raiajinagar, Bangalore-560 016

Valedictory Function

All the activities which were conducted on account of Swami Vivekananda Jayanthi was successful in motivating the students that is the powerful youth of the country to serve their motherland. On 20th January 2017 the valedictory function was organized to give away the prizes that was won for all the events conducted on account of Swami Vivekananda Jayanthi. Principal Smt Sharada S and Mrs. Harini M.S, Distributed the prize to the students.


Principal
MES Institute of Management
Raiajinagar, Bangalore-560 016

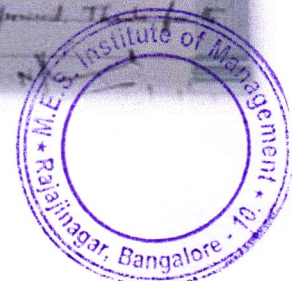
MES INSTITUTE OF MANAGEMENT

VidyaVihar, 25/1, 17th Main, II Block, Rajajinagar, Bangalore-560 010

REPORT ON VIVEKANANDA SAPTHAHA 2017-18

The 155th Birth Anniversary of swami Vivekananda was celebrated on 19th January 2018. The chief guest for the occasion was Smt Rekha Ramachandra founder and Secretary Disha Foundation. She addressed the students telling swamiji is an iconic and inspiration figure for many and despite being long gone, his influence on youth still remains. She also quoted that swamiji played an important role in introducing Indian philosophies of yoga and Vedanta to the western world. Mr Pramod Nataraj as usual mesmerised the crowd by his vibrant speech on the ideals of Vivekananda and Smt. Kavitha narrated some of interesting story about Vivekananda childhood. 350 students and 15 staff attended the programme.

		Visitors Book		
VIVEKANANDA JAYANTHI CELEBRATION - 2018				
S. No.	Date	Name & Address	Phone	Comments
1.	19/1/18	REKHA RAMACHANDRAN FOUNDER, SECRETARY DISHA.		May Swamiji's teachings inspire the youth. May he participate and make a big difference to the world. Every program is organized with so much care and concern. Pct No. 17/1/18
2.	19/1/18	KAVITHA		
3.	19/1/18	PRAMOD N. ORGANISING SECRETARY DISHA.	9766222222	It's nice from every year that we have every time the programs are organized very well. Students participate well and take the message forward. Thank you for the opportunity.



To mark the occasion a week-long activity was organised as last year. The following events were organised.

Date	Name of the event
19.1.2018	Celebration of National youth day
20.1.2018	Essay competition
21.1.2018	Collage competition
22.1.2018	yoga and meditation.
23.1.2018	quiz on incredible India
24.1.2018	Valedictory

Name of the Event: Essay competition

Topic: Indian youth and value Education

Essay can be written in English, Hindi, kannada and Sanskrit.

Date: 20th January 2018

Total number of participants: 20

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Bhumika S	Ist year BBA	Ist Prize
2	Chaya K Dave	IIIrd year B.com	II nd Prize
3	Hema K	IIIrd year BBA	IIIrd Prize
4	Shalini N(Kannada)	Ist year B.com	Ist Prize
5	Tejas V(Kannada)	IInd year B.com	II nd Prize
6	Komal Jain (Hindi)	IInd year B.com	Ist Prize

Judges:

Smt Anuradha.S, Department of English

Smt Vajeshwari.k. Murthy, Department of Kannada

Dr. Kanchan S Kudchikar, Department of Hindi.



Name of the Event: Collage Competition

Theme: The Future of India

Date: 21st January 2018

No of participants: 18 teams, 2 in a team from each class

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Yash S Jain and group	IIIrd year B.com	Ist Prize
2	Goutami and group	II nd year B.com	IIInd Prize
3	Mandara R and group	Ist year B.com	IIIrd Prize

Judges:

Smt Chitra.V, Department of Commerce and Management

Smt Nalini, Department of Commerce and Management

Chitra.V
Nalini.N

Name of the Event: yoga and meditation

Date: 22nd January 2018

No of participants: 250 students, 16 staffs

Students were informed to come in white colour comfort wear salwar kameez for girl's formal wear for boys. Dr. Subramanyam A, Director of Adhyatma Yoga, Jayanagar, demonstrated to the students and faculty how to practice meditation to lead a stress-free life and he also demonstrated simple yoga posture for the students and brought awareness on the ancient of Yoga if practiced it brings Physical, mental and spiritual peace.



Name of the Event: Quiz competitions

Theme: History and Heritage

Date: 23th January 2018

Topic: Incredible India

Number of participants: 9 teams, 2 in a team from each class. Total three rounds were conducted.

The following students were the prize winners of the competition

Sl.no	Name of the students	class	prize
1	Yashaswini J and Poornima Srinivas	Ist sem B.com	I st Prize
2	Mahima G and Jyotsana Muralidhar	IIIrd year BBA	IIInd prize
3	Shankar E and Nagarajan M	IIInd BBA	IIIrd Prize

Judges:

Miss Sushmitha. ✓ Department of Commerce and Management

Smt Divyashree. Department of Commerce and Management

Name of the Event: Speech

Topic: Speech on Swami Vivekananda

Date: 23th January 2018

No of participants: 15

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Aravind K. R.	IIInd year B.com	I st Prize
2	Priyadarshini	Ist sem B.com	IIInd Prize
3	Harshitha G	IIInd year BBA	IIIrd Prize

Judges:

Mr Vijayakumar Department of Commerce and Management

Mr Suresh Patil. Department of Commerce and Management

Name of the Event: Pencil Sketch

Theme: portrait of swami Vivekananda

Date: 24th January 2018

No of participants: 7

The following students were the prize winners of the competition

Sl.No	Name of the students	Class	Prize
1	Punithkumar	I st Bcom	Ist prize
2	Karishma Sanghawani	III BBA	IIInd Prize

Judges:

Smt. Rohini Patil, Department of Commerce and Management

Smt. Sanjana, Department of Commerce and Management

Rohini Patil
S. Sanjana



Pencil sketch of winners

Valedictory of swami Vivekananda saptaha

All the activities which were conducted on account of Swami Vivekananda Jayanthi was successful in motivating the students that is the powerful youth of the country to serve their motherland. On 24th January 2018 the valedictory function was organized to give away the prizes that was won for all the events conducted on account of Swami Vivekananda Jayanthi.

Principal smt. Sharada S and Mrs. Harini MS, Distributed the prize to the students.

Sharada S
Principal

MES Institute of Management
Raiajnagar, Bangalore-560 010


MES INSTITUTE OF MANAGEMENT

VidyaVihar, 25/1,17th Main, II Block, Rajajinagar, Bangalore-560 010

REPORT ON VIVEKANANDA SAPTHAHA 2018-19

The college on the occasion of 156th Birth Anniversary of Swami Vivekananda had organised Swami Vivekananda's Jayanthi saptaha program. "Students must activate the two main positive attitudes of Discipline and Service." These two attitudes elevate the career of the Students. Following the teachings of Swami Vivekananda, we at MESIOM align with the vision "Arise, Awake, stop not till the goal is reached"

Marking the celebration, the cultural team had organized a series of events from 28/01/2019 to 2/2/2019.

Date	Name of the event
28.1.2019	Article writing
30.1.2019	quiz competition
30.1.2019	yoga and Meditation
31.1.2019	collage competition
1.2.2019	Skit competition
2.2.2019	Valedictory

Name of the Event: Article competition

Topic: The relevance of Vivekanandas teaching to youth in 21st century

Essay can be written in English, Hindi, kannada and Sanskrit.

Date: 28^h January 2019

Total number of participants: 20

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Nandini M	I st year B.com	Ist prize
2	Anushree Kumar	IInd year B.com	IInd prize
3	Kavyashree R	IIIrd year B.com	IIIrd prize
4	Ranjitha C (Kannada)	IInd year B.com	Ist prize
5	Monica C(Hindi)	IInd year BBA	Ist prize
6	G. Harshitha (Sanskrit)	IIIrd year BBA	Ist prize

Judges:

Smt Anuradha.S, Dept. of English

Smt Vajeshwari.k.Murthy, Dept.of Kannada

Dr. Kanchan S Kudchikar, Dept. of Hindi.



Name of the Event: Collage Competition

Theme: Vivek darshanam (Life journey of Swami Vivekananda)

Date: 31st January 2019

No of participants:9 teams (27 participants), 3 in a team from each class.

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Monisha KC and group	IInd year B.com	Ist prize
2	Anoop and group	IIIrd year B.com	IInd prize
3	Chitra R and group	Ist B.com	IIIrd prize

Judges:

Smt Chitra.V Department of Commerce and Management

Smt Nalini. Department of Commerce and Management

Chitra V
Nalini - N



COLLAGE MADE BY STUDENTS, PRIZE WINNERS



Name of the Event: yoga and meditation

Date: 30th January 2019

No of participants: 250 students, 14 staffs

Students were informed to come in white colour comfort wear salwar kameez for girl's formal wear for boys. Dr. Subramanyam A, Director of Adhyatma Yoga, Jayanagar, demonstrated to the students and faculty how to practice meditation to lead a stress-free life and he also demonstrated simple yoga posture for the students and brought awareness on the ancient of Yoga if practiced it brings Physical, mental and spiritual peace.

S. No.	Date	Name & Address	Phone	Comments
	30-01-2019	Dr. Subbramanyam	9900450407	It was a great experience to interact with young and energetic students of MES and to share the knowledge of Swami Vivekananda ji. The students were highly charged and inspired. All the best for the students. The efforts taken by the college principal and staff for students enrichment is highly appreciated. S. Subramanyam

Name of the Event: Quiz competitions

Topic: Incredible India

Theme: "India – Capital of the Yoga"

Date: 30th January 2019

Number of participants: 9 teams each team from a class. Total three rounds were conducted.



The following students were the prize winners of the competition

Sl.no	Name of the students	class	prize
1	Chanchal and team	Ist Year B.com	Ist prize
2	Prajwal Bagale	IInd year BBA	IInd prize
3	Shwetha A and group	IIIrd year B.com	IIIrd prize

Judges:

Miss Sushmitha. S Department of Commerce and Management

Smt Divyashree. Department of Commerce and Management

Name of the Event: Skit competition

Topic- Vivekananda's Message

Date: 1st February 2019

No of participants: 8 teams,8 in a team from each class.

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Benushree and Group	IInd year B.com A	Ist prize
2	Kritika and group	IInd year B.com B	IInd prize
3	Anushree and Group	IIIrd year B.com A	IIIrd prize

Judges:

Mr Vijayakumar Dept. of Commerce and Management

Mr Suresh Patil. Dept. Of Commerce and Management



Valedictory of swami Vivekananda saptaha

On 2nd February 2019 the valedictory function was organized. The Chief Guest of the Function was Sri.V. Nagaraj, President, Mythic Society, Smt.Rekha Ramachandra, Founder, Disha Foundation, Dr. H.S. Ganesha Bhatta, Education consultant, MES Institutions. Prizes were distributed to the students who won in events conducted on account of Swami Vivekananda Jayanthi. All the activities which were conducted on account of Swami Vivekananda Jayanthi was successful in motivating the students.



Chief guest for valedictory



Garlanding swamiji photo

VALEDICTORY OF VIVEKANANDA SAPTHAHA				
S.No.	Date	Name & Address	Phone	Comments
01	02-2-19	Sri.V. Nagaraj President Mythic Society.		ಶ್ರೀ ವೀಕನಂದಾ ಜಯಂತಿ ವಿಶೇಷವಾಗಿ ಸಂಭ್ರಮಿಸಿ ಇಂತಹ ಅನೇಕ ಸಂಭ್ರಮಗಳನ್ನು ಇಟ್ಟುಕೊಳ್ಳುವುದು.
02		Smt. Rekha Ramachandra Founder, Disha Foundation.		The institution has celebrated Swami Vivekananda Jayanti for one week in truly commendable Great initiative. A great step towards imparting the education. Hope this Legacy Continues. Rekha 02-19
03		Dr. H.S. Ganesha Bhatta Education consultant MES Institutions.		ಶ್ರೀ ವೀಕನಂದಾ ಜಯಂತಿ ವಿಶೇಷವಾಗಿ ಇಟ್ಟುಕೊಳ್ಳುವುದು.

Sharuels

Principal

MES Institute of Management
Rajajinagar, Bangalore-560 011


MES INSTITUTE OF MANAGEMENT
 VidyaVihar, 25/1, 17th Main, II Block, Rajajinagar, Bangalore-560 010

REPORT ON VIVEKANANDA SAPTAHA 2019-20

The college on the occasion of 157th Birth Anniversary of Swami Vivekananda was celebrated on 13th January 2020. The chief Guest of the program was Sri. Vrushank Bhat, Editor of Vikrama Weekly and Samvada Channel in Facebook and You tube. The Chief Guest and Principal garlanded Swamiji's photo and the chief Guest addressed the students on the Relevance of Swami Vivekananda's thoughts for bright future. 250 Students and 17 staff members attended.

VIVEKANANDA SAPTAHA		Visitors Book		
Date	Visitors Name	Contact No.	E-mail / Address	Your Valuable Comments & Suggestions
13.01.2020	Sri. VRUSHANKA BHAT Editor, Vikrama Weekly and Samvada channel on facebook & youtube, etc.	9964800635	vrushankabhat@gmail.com	Energetic students and responsible staff.

Date	Name of the event
13.1.2020	Celebration of National Youth Day
14.1.2020	Pencil Sketch
16.1.2020	Essay competition
16.1.2020	Speech
17.1.2020	collage competition
18.1.2020	Valedictory Function



Name of the Event: Pencil Sketch

Date: 14th January 2020

Topic: Portrait of Swami Vivekananda

Total number of participants: 7

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	Sneha	IInd year B.com	Ist prize
2	Nithya	IInd year B.com	IInd prize

Judges:-

Smt Anuradha.S, Dept. of English

Anuradha.S

Smt Vajeshwari.k. Murthy, Dept.of Kannada

Vajeshwari.k

Anuradha.S

Event Coordinator

sharada.S

Principal

MES Institute of Management
Rajainagar, Bangalore-560 011



Name of the Event: Essay Competition

Theme: "Vision of Swami Vivekananda"

Date: 16th January 2020

No of participants: 12 participants.

The following students were the prize winners of the competition

Sl.no	Name of the students	Class	Prize
1	C Ankita	Ist year B.com	1st Prize
2	Latha Nagaraj	IIIrd year B.com	2nd Prize
3	Chitra R(Kannada)	IIIrd year B.com	1st Prize
4	Mudasir Pasha (Hindi)	Ist year BBA	1st Prize

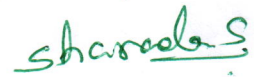
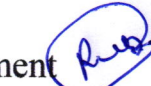
Judges:

Miss. Poornima GM, Department of Commerce and Management

Smt. Sanjana S, Department of Commerce and Management



Event Coordinator



Principal

Name of the Event: Speech

Topic: "Ideals of Swami Vivekananda"

Date: 16th January 2020

Number of participants: 8 participants

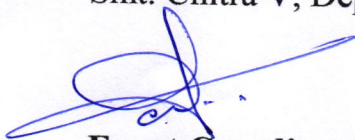
The following students were the prize winners of the competition

Sl.no	Name of the students	class	prize
1	Nirmal R	Ist Year BBA	Ist prize
2	Nimraa Suroor	Ist year B.com	IInd prize

Judges:

Mr. Vijay Kumar M, Department of Commerce and Management

Smt. Chitra V, Department of Commerce and Management



Event Coordinator



Principal

Principal

MES Institute of Management
Rajainagar, Bangalore-560 010

Name of the Event: Collage competition

Topic- "Collection of Postures of Swami Vivekananda"

Date: 17th January 2020.

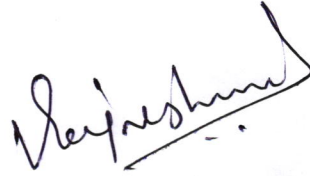
No of participants: 8 teams (24 participants), 3 in a team.

The following students were the prize winners of the competition

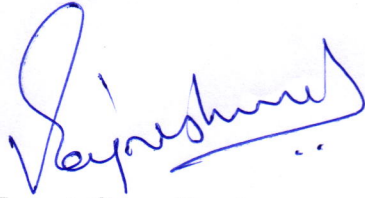
Sl.no	Name of the students	Class	Prize
1	Bhoomika and team	Ist Year BBA	1st Prize
2	Punith Kumar G and team	IIIrd year B.com	2nd Prize

Judges:

Dr. Vajreshwari S Murthy, Dept. of Kannada.



Miss. Shahenaz Banu, Dept. of Commerce and Management



Event Coordinator

sharada S

Principal
Principal

MES Institute of Management
Rajajinagar, Bangalore-560 011

Valedictory of swami Vivekananda saptaha

A week-long program was conducted and its valedictory was on 18.1.2020. Mr. Rajesh Padmar, Social Activist Trustee, Samartha Bharath was the Chief Guest of the Function. He congratulated the Institution for conducting a week-long program. He encouraged students to remember Vivekananda's words in all walks of their life. He highlighted the ideals of Swami Vivekananda. Another Guest Smt. Rekha Ramachandra, Founder, Secretary, Disha Foundation addressed the students about life of Vivekananda and also expressed a gratitude towards the college for inviting her whenever the program on Swamiji's is conducted. Prizes were distributed to the students who won in the Event.





Valedictory

LIVEKANANDA SAPTHAHA VISITORS BOOK				
Date	Visitors Name	Contact No.	E-mail / Address	Your Valuable Comments & Suggestions
3-1-2020	Sri. Rajesh Padmas Sawal activist, Trustee, Samatha Bharatha.	9880621824 rajeshpadmas@gmail.com		Congratulations for organising Viveka Saptaha. Nice initiative. Continue for years to come. Thanks for opportunity. - 9880621824
	Smt. Rekha Ramachandra. Founder, Secretary Disha Foundation.			Kudos to the management and the institution for conducting such a great event. This initiative will go a very long way in motivating the youth, Holistic personality development is enabled. Rekha

Shanada S

Principal

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