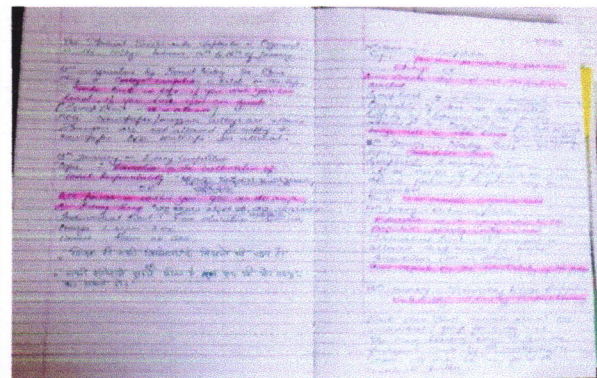
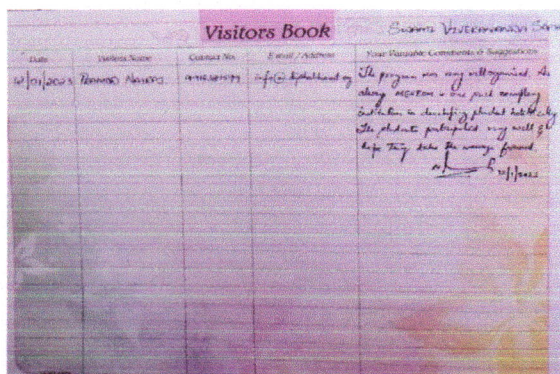
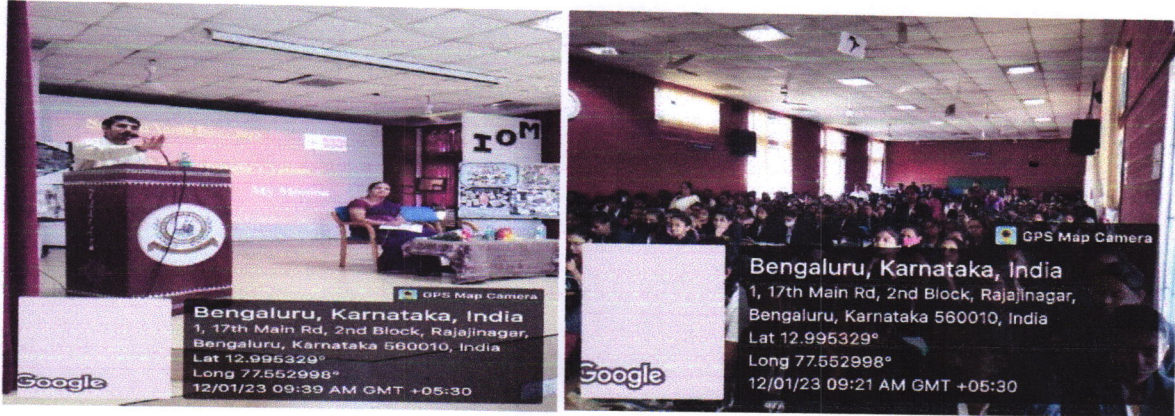


REPORT ON VIVEKANANDA SAPTAHA 2022-23

The 157th Birthday Anniversary of swami Vivekananda, which is marked as National Youth Day was celebrated in our college from 12th to 18th January 2023. The week-long programme commenced with the garlanding of Swamy Vivekananda's portrait and lighting of lamp by the Chief Guest, Principal and Vice Principal. The Chief Guest of the occasion, Sri Pramod Natraj, Organising Secretary, DISHA Bharat, inaugurated and interacted with the students and spoke about Swamy Vivekananda's Vision- My mission. The Chief Guest averred that Swamiji's vision covers the entire gamut of human existence, be it at the individual, societal or at the national level. He concluded quoting that swami Vivekananda urged the youth to be strong and fearless, kind and benevolent, strictly moral and of high character. He desired them to possess muscles of iron and nerves of steel, inside which dwells a mind of the same material. Students and faculty members attended the event.





Marking the Celebration, a series of events by organized from 12-01-2023 to 18-01-2023

Date	Events
12-01-2023	Inaugration and collage competition
13-01-2023	Essay competition
14-01-2023	Short movie competition
16-01-2023	Quize competition
17-01-2023	Lecture competition
18-01-2023	Valedictory

On 12th January 2023, collage competition was conducted. The competition helps students to enhance their exploratory mind and imagination. The emphasize is on experiencing collage as a tool for thinking, as a means for articulating form, as inspiration for transferring ideas to their art practice and to nurture new ideas. To inculcate these, students were given topic on occasion of Vivekananda saphaha, **“Take Risk in life, if you win you can lead, if you lose you can guide.”** Total 21 teams (2 students in a team) participated.



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Vivekananda, 25/1, 17th Main Rd, 2nd Block, Rajajinagar, Bangalore 560 010

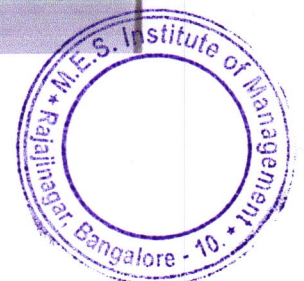
VIVEKANANDA SAPHHAHA – 2022 – 2023

NAME OF THE EVENT: Collage Date: 12/01/2023

Sl. No.	NAME OF THE PARTICIPANTS	CLASS	1	2	3	4	5	TOTAL
1	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
2	Pranav and Anshu	1 st Sem BBA	1	1	1	1	1	5
3	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
4	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
5	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
6	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
7	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
8	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
9	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
10	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
11	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
12	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
13	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
14	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
15	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
16	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
17	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
18	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
19	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
20	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5
21	Chaitanya and Manjuna	1 st Sem BBA	1	1	1	1	1	5

Event Co-Ordinator's: *Sri Venkatesh, Sri Venkatesh*
 Judges: *Sri Venkatesh, Sri Venkatesh*

I prize - *Sri Venkatesh and Sri Venkatesh*
 II prize - *Sri Venkatesh and Sri Venkatesh*
 III prize - *Sri Venkatesh and Sri Venkatesh*



On 13th January 2023, Essay competition was conducted on the Topic “Education is the Cultivation of Total Responsibility’ or ‘All power is within you, you can do Anything and Everything”. The essay competition helps the students to cultivate the characteristics that turn students into great writers, have independent thoughts, depth of knowledge, clear reasoning, critical analysis and persuasive style.

Total number of students participated - 35 students

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VIVEKANANDA SAPTHAHA - 2022 - 2023

NAME OF THE EVENT: ESSAY DATE: 13/1/2023

Sl. NO.	NAME OF THE PARTICIPANTS	CLASS	Teacher	English	Maths	Science	TOTAL
1	Cheran Raj	I Sem BBA	5	2	2	3	12
2	Smriti S.K	I Sem BBA	2	2	2	3	9
3	Anisha E.D	I Sem BBA	1	2	2	3	8
4	Gowtham S	I Sem BBA	1	2	2	3	8
5	Poojashree	I Sem BBA	2	2	2	3	9
6	Rayvonee	I Sem BBA	2	2	2	3	9
7	Suchitha	I Sem BBA	2	2	2	3	9
8	Hanshikaashritha	I Sem BBA	2	2	2	3	9
9	Shreyas	II Sem BBA	2	2	2	3	9
10	Prathik	II Sem BBA	2	2	2	3	9
11	Nihar	II Sem BBA	2	2	2	3	9
12	Naman parwal	II Sem BBA	2	2	2	3	9
13	Vikas	II Sem BBA	2	2	2	3	9
14	Khushi	II Sem BBA	2	2	2	3	9
15	Neeraj	II Sem BBA	2	2	2	3	9
16	Naveen	II Sem BBA	2	2	2	3	9
17	Aishwarya	I Sem B.com B	2	2	2	3	9
18	Rishab	I Sem BBA	2	2	2	3	9
19	Sahana	V Sem BBA	1	1	1	3	4
20	Sarany	V Sem BBA	1	1	1	3	4

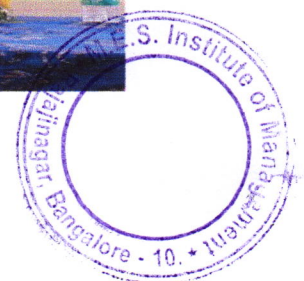
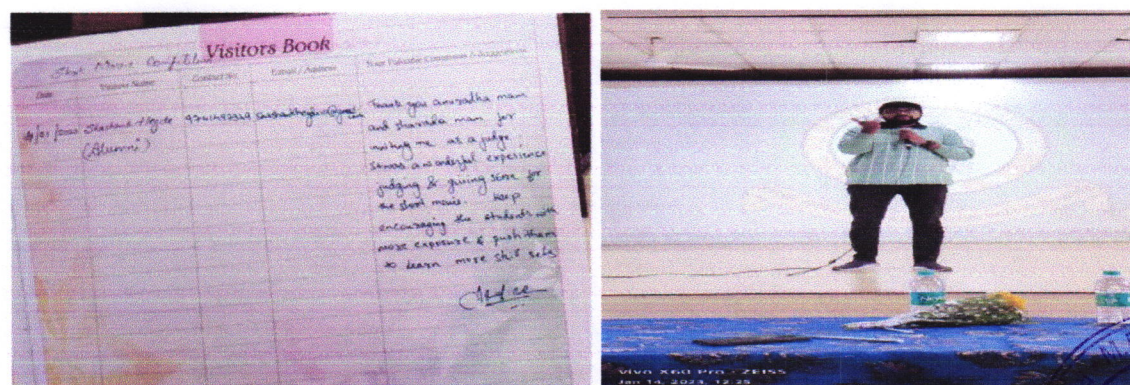
Sl. no	Participants	Class	English	Maths	Science	Total
21	Shreyas	V Sem BBA	2	2	2	6
22	Chaitra	V Sem BBA	2	2	2	6
23	Vidyaashree	V Sem BBA	1	1	1	3
24	Sarany	V Sem BBA	1	1	1	3
25	Hangrya	V Sem BBA	1	1	1	3
26	Arunjith H.R	V Sem BBA	1	1	1	3
27	Tanushree N	V Sem BBA	1	1	1	3
28	Sujatha M.N	V Sem BBA	2	2	2	6
29	Charan Raj	I Sem BBA	1	2	2	5
30	Arunth S.C	I Sem BBA	1	2	2	5
31	Sarobop	II Sem B.com B	2	2	2	6
32	Dhruvika R	II Sem B.com B	2	2	2	6
33	Sandhya M	V Sem B.com B	2	2	2	6
34	Sarany P.Kul	II Sem BBA	2	2	2	6
35	Swathi shenoy	I Sem B.com A	2	2	2	6

Event Co-Ordinator's: [Name]

Judges: [Name]

I prize → Sarany P. Kul
 II Prize → Dhruvika R
 III Prize → Swathi shenoy

On 14th January 2023, short movie competition was held on the topic “You are the Creator of your own Destiny’ OR Arise, Awake, stop not till the Goal is Reached”. Short movie making helps students apply the language by creating their own written or spoken dialogues. It focuses on a single idea which make them excellent, prompts for oral communication and writing activities. Short movies are excellent beginning points for engaging students in a wide range of conversational activities such as groupwork, discussion, debates and roleplays stimulating an active engagement with language. Total participation was 8 teams, each team with minimum of 6 students and maximum 10 students.





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VIVEKANANDA SAPTHAHA - 2022 - 2023

NAME OF THE EVENT: *Short Movie* DATE: *14/10/2022*

Sl. No.	NAME OF THE PARTICIPANTS	CLASS	<i>1st Prize</i>	<i>2nd Prize</i>	<i>3rd Prize</i>	TOTAL
1	Arjunika and team	I Sem BBA	5	7	5	17
2	Dhanush and team	II Sem B Com B	5	5	5	15
3	Leelitha B and team	II Sem B Com B	5	5	5	15
4	Akhilika S R and team	V Sem B Com A	0	5	5	10
5	Prasen and team	V Sem B Com B	0	5	5	10
6	Shruti Shikha and team	I Sem B Com A	4	2	1	7
7	Arjun K Gonda and team	III Sem BBA	5	0	0	5
8	Satish and team	V Sem BBA	3	4	5	12

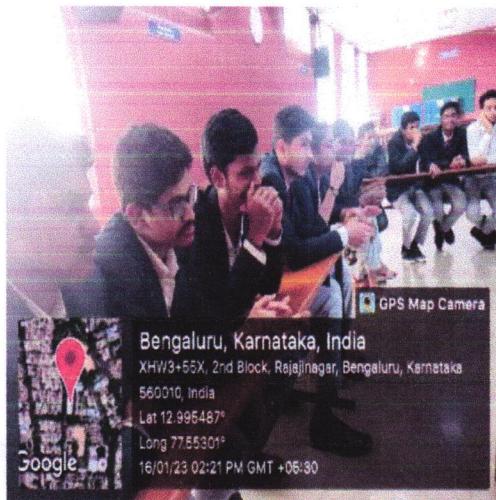
Event Co-Ordinator's
 Smt. Huzefa H S
 Smt. Mohammed

Judges
 Shreekanth Reddy (Principal)
 Smt. Huzefa H S
 Basavaraj Reddy
 Consultant
 Smt. Huzefa

I Prize → Arjun K Gonda and team
 II Prize → Akhilika S R and team
 III Prize → Dhanush and team



On 16th January 2023, Quiz competition on the topic “Incredible India” was conducted. On 14th January 2022 the prelims of quiz written round was conducted and 27 teams of 3 each participated and 7 teams out of those were a part of the final round.



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 VIVEKANANDA SATHIHAHA - 2022 - 2023
 NAME OF THE EVENT - Quiz - "Incredible India" DATE - 16-01-2023

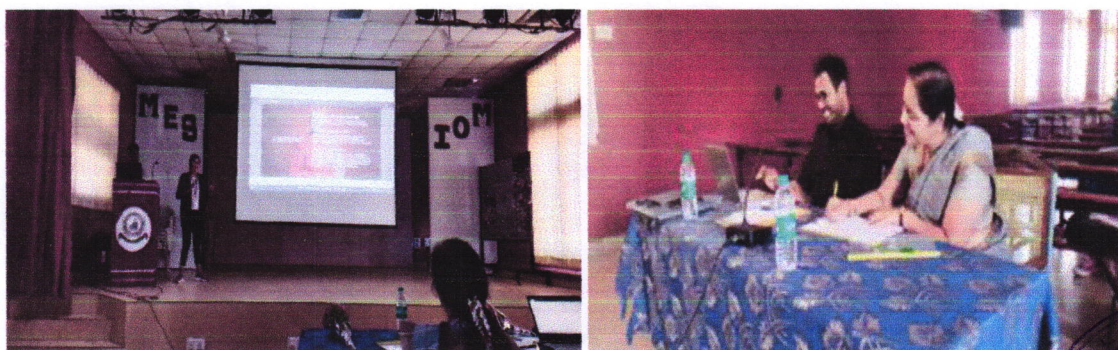
SL. NO.	NAME OF THE PARTICIPANTS	CLASS	MARKS	TOTAL
1	Chaitanya and team	I SEM BBA	10	10
2	Chaitanya and team	I SEM BBA	10	10
3	Chaitanya and team	I SEM BBA	10	10
4	Chaitanya and team	I SEM BBA	10	10
5	Chaitanya and team	I SEM BBA	10	10
6	Chaitanya and team	I SEM BBA	10	10
7	Chaitanya and team	I SEM BBA	10	10
8	Chaitanya and team	I SEM BBA	10	10
9	Chaitanya and team	I SEM BBA	10	10
10	Chaitanya and team	I SEM BBA	10	10
11	Chaitanya and team	I SEM BBA	10	10
12	Chaitanya and team	I SEM BBA	10	10
13	Chaitanya and team	I SEM BBA	10	10
14	Chaitanya and team	I SEM BBA	10	10
15	Chaitanya and team	I SEM BBA	10	10
16	Chaitanya and team	I SEM BBA	10	10
17	Chaitanya and team	I SEM BBA	10	10
18	Chaitanya and team	I SEM BBA	10	10
19	Chaitanya and team	I SEM BBA	10	10
20	Chaitanya and team	I SEM BBA	10	10
21	Chaitanya and team	I SEM BBA	10	10
22	Chaitanya and team	I SEM BBA	10	10
23	Chaitanya and team	I SEM BBA	10	10
24	Chaitanya and team	I SEM BBA	10	10
25	Chaitanya and team	I SEM BBA	10	10
26	Chaitanya and team	I SEM BBA	10	10
27	Chaitanya and team	I SEM BBA	10	10

Judges: _____

Faculty in Charge: _____

Handwritten notes: Truly a team who studied for final only. I have attended out of school group and one participant first time. Good luck and team - all prop. changes & team - 2023

On 17th January 2023, Lecture Competition was organized to help the students improve their oratorical skills, alleviate stage fear and motivate students to self-learn. The Topic was Education is the Manifestation of the Perfection already existing in Man”. 16 students participated in the event.



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VIVEKANANDA SAPTHAHA - 2022 - 2023

NAME OF THE EVENT: VIVEKANANDA SAPTHAHA DATE: 17/01/23

Sl. No.	NAME OF THE PARTICIPANTS	CLASS	1	2	3	4	5	6	TOTAL
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20

Event Co-Ordinator's
Smt. Rekha Ramachandra
Smt. Rekha Ramachandra

Judges
1) Mr. Ganapathi Hegde
(Principal)
2) Dr. Chandrashekhara
Prasad

Prize
1st prize: Krishna Gowda
2nd prize: Deepthi
3rd prize: Naman Jaganath

Valedictory of Vivekananda saphaha

On 18th January 2023, the Valedictory of the week-long Vivekananda saphaha was organized. The Chief guest of the programme was Prof Ganapathi Hegde, Principal, MLA PU college, Malleshwaram and Smt Rekha Ramachandra, Founder, Disha Foundation were present on the occasion. The Chief Guest congratulated the college for such an initiative to inculcate Vivekananda’s thoughts and also illustrated some of the incidents that inspired his life. He also said that Vivekananda was a Hindu spiritual leader who put Hinduism as a way of life on the world map. Quoting his famous Chicago speech, he outlined Swamy Vivekananda’s ideals. He concluded his speech with a quote of Vivekananda ‘Power is within you; you can do anything and everything. Believe in that, do not believe that you are weak, therefore arise, awake and stop not till the goal is reached’. Smt Rekha Ramachandra congratulated the prize winners and addressed the students and spoke about Swamiji’s message of unity, tolerance and mutual understanding, regardless of the diversity.

VIVEKANANDA SAPTHAHA VALEDICTORY - 2023
Visitors Book

Date	Visitor Name	Designation	Event / Address	Chief Valedictory / Comments / Suggestions
18/1/2023	Prof. Ganapathi Hegde	Principal	MLA PU College, Malleshwaram	...
	Smt. Rekha Ramachandra	Founder	Disha Foundation	...
	Dr. Chandrashekhara Prasad	Judge	...	The valedictory is a great inspiration to other colleges in instilling values and patriotism in the young minds. Hope to see such an initiative to instill strong moral and character.





Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
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Long 77.552848°
18/01/23 10:13 AM GMT +05:30



Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
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Long 77.552908°
18/01/23 09:56 AM GMT +05:30



Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
Lat 12.99538°
Long 77.55289°
18/01/23 09:49 AM GMT +05:30



Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
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Long 77.552903°
18/01/23 09:47 AM GMT +05:30



Bengaluru, Karnataka, India
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Nagar, Bengaluru, Karnataka 560010, India
Lat 12.99539°
Long 77.552916°
18/01/23 09:55 AM GMT +05:30



Bengaluru, Karnataka, India
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Nagar, Bengaluru, Karnataka 560010, India
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Long 77.55292°
18/01/23 09:49 AM GMT +05:30



Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
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Long 77.552892°
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Bengaluru, Karnataka, India
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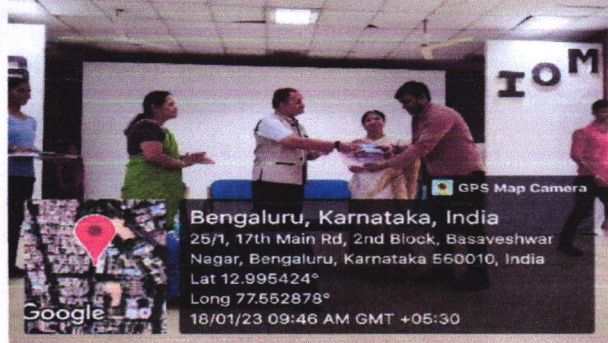
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Long 77.552878°
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Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
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Long 77.552878°
18/01/23 09:44 AM GMT +05:30



Bengaluru, Karnataka, India
25/1, 17th Main Rd, 2nd Block, Basaveshwar
Nagar, Bengaluru, Karnataka 560010, India
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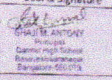
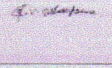
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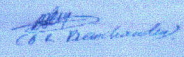
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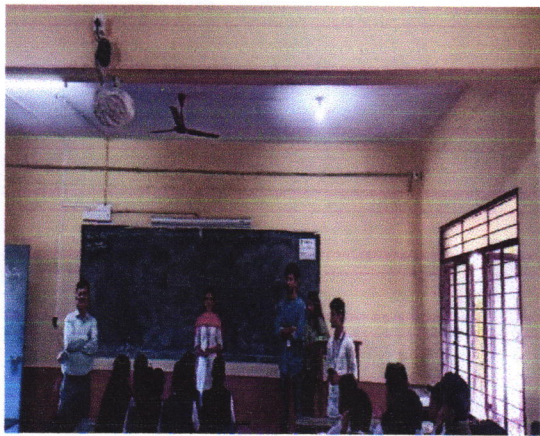


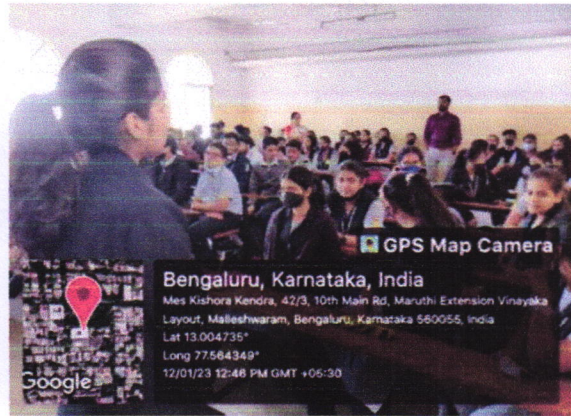
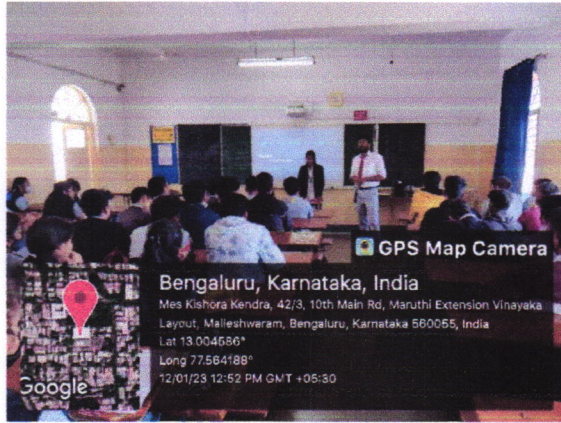
Vivekananda Sapthaha: The Celebration of Thoughts, initiated a Workshop on **Communication and Oratory**, on 13th January 2023. 18 selected students were trained by Team Disha Bharath an NGO, headed by Smt Sneha Damle to represent MESIOM as ambassadors, on the theme 'Vivekananda Friend for All' to motivate, inspire and train the students to contribute to nation building, thus leveraging on the demographic advantage of Young India. These students visited 11 Institutions in the neighbourhood. This workshop aimed at developing the much needed cognitive and interpersonal skills of advanced communication and negotiation skills, empathy, leadership and management.

MES Institute of Management			
Sl. No	School/College Name	Feedback	Seal & Signature
1	Am Shriya Academy Pravara High School	I appreciate the initiative but unable to sign due to time due to fight school	 SNEHA DAMLE Principal Am Shriya Academy Pravara High School
2	Am Shriya Academy Pravara High School	Sorry we can't be able to sign of due to exam	

MES Institute of Management			
Sl. No	College Name	Feedback / Location	Seal & Signature
01	St. Xavier's College	Vivekananda Friend for all program	
02	St. Dismas College	Vivekananda Friend for all program	
03	St. Dismas College	Vivekananda Friend for all program	

MES INSTITUTE OF MANAGEMENT, Rajajinagar
 "Vivekananda friend for all."
 They spend great time with our students to enlighten about the great personality of Vivekananda and also conducted quiz. The student have made it happen very enthusiastically. Thanks a lot from our institution.

 (Smt. Sneha Damle)

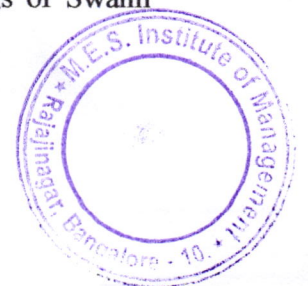




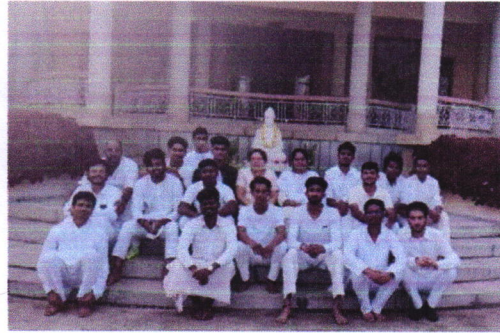
A REPORT ON VISIT TO RAMAKRISHNA INSTITUE OF MORAL AND SPIRITUAL EDUCATION – RIMSE, Mysore

17 students, along with 2 faculty members, attended 3 days personality development program from 6th January 2023 to 8th January 2023 at Ramakrishna Institute of Moral & Spiritual Education (RIMSE), Mysore, Karnataka. It is a unit of Ramakrishna Ashrama, the well-known Ramakrishna Math and Ramakrishna Mission, Belur Math, West Bengal. RIMSE is a premier institution for higher education working in the field of Human Values for the last three decades. RIMSE's humble efforts in the field of Value Education has won appreciation from both Central and State Governments. The Union Ministry of Human Resource Development has recognized RIMSE as a "Regional Resource Centre for Education in Human Values".

The main objective on RIMSE is to instil noble ideas in young students and inspire them to build a moral and noble character with inspiration from the life and teachings of Swami



Vivekananda. The 3 days program included meditation, yoga, PDPs on how to face life and face exams confidently .



Sharada S

Principal
MES Institute of Management
Rajajinagar Bangalore-560 010